



**Women Cell
Minutes of meeting**

Date:02/03/2017

Date: 01/03/2017

Venue: Principal's chamber (Room No. 20)

Time: 2.30 PM

A meeting was called by Principal Prof. Pratijna Suhasini G.R on 01 March 2017 at 2.30 pm at Principal's chamber to form a committee comprising female personnel and was given the term "Women Cell" to look after female students.

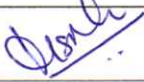

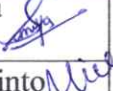

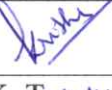

Agenda:

- Formation of Women Cell
- Selection of staff coordinators, members and student representative.

Minutes of meeting:

Mangala College of Paramedical Sciences formulated Women Cell with aim of encouraging, educating and equipping young women to pursue excellence in all facets of their lives. The body of women cell constitutes following members:

Members:

Coordinator	Ms. Rahila M K 	Associate Professor
Deputy Coordinator	Prof. Geethalakshmi I.P 	Vice-Principal
Members	Ms. Sowmya Suvarna 	Lecturer
	Ms. Alice Margaret Pinto 	
	Ms. Krithi G 	
Student Representative	Nidhi Dechamma K. T 	II Year B.Sc MLT

Objectives of Women Cell:

- To create awareness about social issues and rights related to women, gender discrimination, gender equity and gender equality.
- To ensure the safety and well-being of women and create a conducive environment for their personal and professional growth.
- To foster decision making and critical thinking ability in students.
- To help them in knowing the importance of good health, hygiene practice and facilities available for them.



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Functioning of Women Cell:

- Organizing talks and training programs to empower women in terms of necessary skills, knowledge, and resources to become self-dependent and self-sufficient.
- Conducting special lectures and interactive sessions by women achievers to enhance self-esteem and self confidence among students.
- Celebrating international women's day to uphold women's achievements, recognize challenges and focus greater attention on women's rights.
- Organizing health awareness programs and socially relevant programs.

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**Women Cell
Minutes of Meeting**

Date:04/03/2017

Date: 03/03/2017

Venue: Principal's chamber (room no.20)

Time: 02.00 pm

Attendees:

Prof. Pratijna Suhasini G. R (Principal)

Prof. Geethalakshmi I.P (Vice Principal)

Ms. Rahila M.K (Co-Ordinator)

Ms. Sowmya Suvarna (Member)

Ms. Alice Margaret Pinto (Member)

Ms. Krithi G (Member)

Ms. Nidhi Dechamma K.T (Student representative).

Agenda of the meeting:

- Inauguration of Women Cell
- Celebration of International Women's Day

Minutes of meeting:

First meeting of Women Cell was held at Principal's chamber on 03/03/2017. Principal welcomed the gathering with warm greetings and narrated the roles and responsibilities of Cell to the members. It was decided to inaugurate Women Cell on 08/03/2017 and planned to celebrate International Women's Day by conducting collage competition and awareness talk. The meeting came to an end at 3.30 pm by vote of thanks.

Action plan

Sl. No	Tentative Date/Month	Activity	Aim/ Action
1.	March	Collage making competition on the topic Women's Right	To offer basic information of women right as human right
2.	March	Awareness talks on Women Health and Hygiene	To give awareness to the students regarding good hygienic practices during their menstrual periods.

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**Women Cell
Minutes of Meeting**

Date:24/09/2018

Date: 22/09/2018
Venue: Room No 40 (ground floor)
Time: 10.15 AM

Attendance of the members:

Ms. Rahila M.K (Co- Ordinator) *Rahila*
Prof. Geethalakshmi I.P (Deputy Co-Ordinator) *Geetha*
Ms. Sowmya Suvarna (Member) *Sowmya*
Ms. Alice Margaret Pinto (Member) *Alice*
Ms. Krithi G (Member) *Krithi*
Ms. Nidhi Dechamma K. T (Student representative). *Nidhi K.T*

Agenda of the meeting:

- Review of the women cell activities of current year.
- Selection of new members for the academic year 2018-2019.

Minutes of meeting:

Committee members discussed the performance of women cell and reviewed that all the events were conducted smoothly as planned. It is decided to retain same members for the coming academic year. Student representative Ms. Nidhi Dechamma K. T is replaced by Ms. Amalu Jose of II B.Sc. OT Technology. The meeting was ended by vote of thanks.

Members of new academic year 2018-19:

Coordinator	Ms. Rahila M K	Associate Professor
Deputy Coordinator	Prof. Geethalakshmi I.P	Vice-Principal
Members	Ms. Sowmya Suvarna	Lecturer
	Ms. Alice Margaret Pinto	
	Ms. Krithi G	
Student Representative	Ms. Amalu Jose	II B.Sc. in Operation Theatre Technology

Rahila

Amalu Jose

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**Women Cell
Minutes of Meeting**

Date:05/10/2018

Date: 04/10/2018

Venue: Room no. 40(ground floor)

Time: 11.30 am

Attendees:

Ms. Rahila M.K (Co-ordinator)

Prof. Geethalakshmi I.P (Deputy Co-ordinator)

Ms. Alice Margaret Pinto (Member)

Ms. Sowmya Suvarna (Member)

Ms. Krithi G (Member)

Ms. Amalu Jose (Student representative).

Agenda of the meeting:

- Planning programs and activities for current academic year
- Preparation of action plan.

Minutes of meeting:

- It is decided to celebrate International Women's Day in the month of March by organizing awareness talk on Stress management.
- To conduct awareness talk on Gender identity and Sexual orientation.

Action Plan

Sl. No	Tentative Date/Month	Activity	Aim / Action
1.	March	International Women's Day - Awareness talk on Stress disorder in women	To enable the students to have good health and mental hygiene.
2.	June	Awareness talk on Gender identity and Sexual orientation	To enable the students to identify each person's internal and individual experience of gender.

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Women Cell

Minutes of Meeting

Date: 19/10/2019

Date: 18/10/2019

Venue: Room no. 40 (ground floor)

Time: 11.30 am

Attendees:

Ms. Rahila M.K (Co-ordinator) *Rahila*
Prof. Geethalakshmi I.P (Deputy Co-ordinator) *Geetha*
Ms. Sowmya Suvarna (Member) *Sowmya*
Ms. Alice Margaret Pinto (Member) *Alice*
Ms. Krithi G (Member) *Krithi*
Ms. Amalu Jose (Student representative). *Jose*

Agenda of the meeting:

- Review of the women cell activities of current year.
- Selection of new members for the academic year 2019-2020.

Minutes of meeting:

Committee members discussed the performance of women cell and reviewed that all the events were conducted smoothly as planned. New members were selected to Women Cell for the academic year 2019-20. Student representative Ms. Amalu Jose was replaced by Ms. Jocelin Harriate D Almeida II B.Sc. MLT.

Members of new academic year 2019-20

Coordinator	Ms. Rahila M K	Associate Professor
Deputy Coordinator	Prof. Geethalakshmi I.P	Vice-Principal
Members	Ms. Alice Margaret Pinto	Lecturer
	Ms. Sabiya	
	Ms. Preethi	
Student Representative	Ms. Jocelin Harriate D Almeida	II B.Sc. MLT

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Women Cell Minutes of Meeting

Date: 29/10/2019

Date: 25/10/2019

Venue: Room no. 40(ground floor)

Time: 2.30 pm

Attendees:

Ms. Rahila M.K (Co-ordinator) *Rahila*

Prof. Geethalakshmi I.P (Deputy Co-ordinator) *Geetha*

Ms. Alice Margaret Pinto (Member) *Alice*

Ms..Sabiya (Member) *Sabiya*

Ms. Preethi (Member) *Preethi*

Ms..Jocelin Harriate D Almeida (Student representative) *Jocelin*

Agenda of the meeting:

- Planning programs and activities for current academic year
- Preparation of action plan.

Minutes of meeting:

- It is decided to celebrate International Women's Day in the month of March by organizing self-defense training program.

Action Plan

Sl. No	Tentative Month/ Date	Activity	Aim/Action
1.	March	International Women's Day-Self-defence training programme	To strengthen women's ability to defend themselves from prospective attacks.

Rahila

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**Women Cell
Minutes of Meeting**

Date: 30/11/2020

Date: 28/11/2020

Venue: Room no. 40 (ground floor)

Time: 11.00 am

Attendees:

Ms. Rahila M. K (Co-ordinator) *Rahila*

Prof. Geethalakshmi I.P (Deputy Co-ordinator) *Geetha*

Ms. Alice Margaret Pinto (Member) *Alice*

Ms. Sabiya (Member) *Sabiya*

Ms. Preethi (Member) *Preethi*

Ms. Jocelin Harriate D Almeida (Student representative): *Jocelin*

Agenda of the meeting:

- Review of the women cell activities of current year.
- Selection of new members for the academic year 2020-2021.

Minutes of meeting:

The meeting began with the review of implementation of Women Cell action plan 2019-20 and the members of the committee found the program conducted was satisfactory. It was decided in the meeting to retain the same members for the academic year 2020-21. Student representative Ms. Jocelin Harriate D Almeida was replaced by Ms. Sushmitha II B.Sc. Optometry.

Members of new academic year 2020-21

Coordinator	Ms. Rahila M K	Associate Professor
Deputy Coordinator	Prof. Geethalakshmi I.P	Vice-Principal
Members	Ms. Alice Margaret Pinto	Lecturer
	Ms. Sabiya	
	Ms. Preethi	
Student Representative	Ms. Sushmitha	II B.Sc. Optometry

Rahila

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Women Cell

Minutes of Meeting

Date: 04/12/2020

Date: 02/12/2020

Venue: Room no. 40 (ground floor)

Time: 2.00 pm

Attendees:

Ms. Rahila M. K (Co-ordinator) *Rahila*
Prof. Geethalakshmi I. P (Deputy Co-ordinator) *Geetha*
Ms. Alice Margaret Pinto (Member) *Alice*
Ms. Sabiya (Member) *Sabiya*
Ms. Preethi (Member) *Preethi*
Ms. Sushmitha (Student representative). *Sushmitha*

Agenda of the meeting:

- Planning programs and activities for current academic year
- Preparation of action plan.

Minutes of meeting:

- It is decided to celebrate International Women's Day in the month of March by organizing Cybercrime awareness talk.

Action Plan

Sl.no	Tentative Date/Month	Activity	Aim/ Action
1.	March	International Women's Day- Cybercrime awareness	To prepare students with technical knowledge and skills needed to protect themselves from cybercrime.

Rahila

Geetha

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**Women Cell
Minutes of Meeting**

Date: 29/10/2021

Date: 28/10/2021

Venue: Room no. 40(ground floor)

Time: 11.00 am

Attendees:

Ms. Rahila M.K (Co-ordinator) *Rahila*

Prof. Geethalakshmi I.P (Deputy Co-ordinator) *Geetha*

Ms. Alice Margaret Pinto (Member) *Alice*

Ms. Sabiya (Member) *Sabiya*

Ms. Preethi (Member) *Preethi*

Ms. Sushmitha (Student representative). *Sushmitha*

Agenda of the meeting:

- Review of the women cell activities of current year.
- Selection of new members for the academic year 2021-2022.

Minutes of meeting:

The meeting began with the review of implementation of Women Cell action plan 2019-20 and the members of the committee found the program conducted was satisfactory. Women Cell is reformed with following members. Student representative Ms. Sushmitha was replaced by Ms. Vichetha II B.Sc. MLT.

Members of new academic year 2021-2022

Coordinator	Ms. Rahila M K	Associate Professor
Deputy Coordinator	Ms. Diney G D'Souza	Associate Professor
Members	Ms. Preethi	Lecturer
	Ms. Navya M	
	Ms. Nidhi P.M	
	Ms. Aswitha A. R	
Student Representative	Ms. Vichetha	II B.Sc. MLT

Rahila

Principal
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**Women Cell
Minutes of Meeting**



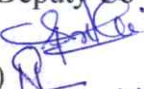


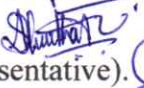

Date: 04/11/2021

Date: 02/11/2021

Venue: Room no. 40(ground floor)

Time: 11.30 am

Attendees:

Ms. Rahila M. K (Co-ordinator) 
Ms. Diney G D'Souza (Deputy Co-Ordinator) 
Ms. Preethi (Member) 
Ms. Navya M (Member) 
Ms. Nidhi P.M (Member) 
Ms. Aswitha A.R (Member) 
Ms. Vichetha (Student representative). 

Agenda of the meeting:

- Planning programs and activities for current academic year
- Preparation of action plan.

Minutes of meeting:

- It is decided to organize talk on mental health and awareness talk on menstrual hygiene in the month of November.
- Decided to conduct activity related to gender equity in the month of February.
- To celebrate International Women's Day in the month of March by D grade female workers of the institution.
- To conduct motivational talk on women empowerment in the month of August.



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Action Plan

Sl. No	Tentative Date/Month	Activity	Aim /Action
1.	November	Awareness talks on menstrual hygiene	To teach the students about the importance of sanitary habits during their menstrual period
2.	November	A talk on significance of emotional wellness	To integrate emotional stability and focus in youth
3.	February	Activity on gender equity	To impart the basic idea of gender equity among provision of fairness and justice in distribution of responsibilities between men and women
4.	March	International Women's Day by honouring D grade female workers	To honour the contribution of women employees of the institution whose service is unnoticed.
5.	August	Motivational talk on women empowerment	To raise self-esteem, self-confidence and also to develop leadership skills and aspiration among women.

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Women Cell

Minutes of Meeting


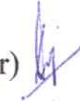

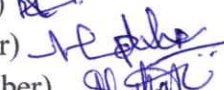

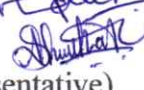

Date:21/12/2022

Date: 20/12/2022

Venue: Room no. 40 (ground floor)

Time: 2.30 pm

Attendees:

- Ms. Rahila M.K (Co-ordinator) 
Ms. Diney G D'Souza (Deputy Co-ordinator) 
Ms. Preethi (Member) 
Ms. Navya M (Member) 
Ms. Nidhi P.M (Member) 
Ms. Aswitha A.R (Member) 
Ms. Vichetha (Student representative). 

Agenda of the meeting:

- Review of the women cell activities of current year.
- Selection of new members for the academic year 2022-2023.

Minutes of meeting:

The meeting began with the review of implementation of Women Cell action plan 2021-22 and the members of the committee found the program conducted was satisfactory. Women Cell is reformed with following members.

Members of new academic year 2022-2023

Coordinator	Ms. Rahila M K	Associate Professor
Deputy Coordinator	Prof. Geethalakshmi I.P	Vice Principal
Members	Ms. Preethi	Lecturer
	Ms. Nidhi P.M	
	Ms. Aswitha A. R	
Student Representative	Ms. Panchami B. Suvarna	I B.Sc. A & OT Technology




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Women Cell Minutes of Meeting

Date:01/02/2023

Date: 31/01/2023

Venue: Room no. 40(ground floor)

Time: 3.00 pm

Attendees:

Ms. Rahila M.K (Co-ordinator)

Prof. Geethalakshmi I.P (Deputy Co-ordinator)

Ms. Preethi (Member)

Ms. Nidhi P.M (Member)

Ms. Aswitha A.R (Member)

Ms. Panchami B. Suvarna (Student representative).

Agenda of the meeting:

- Planning programs and activities for current academic year
- Preparation of action plan.

Minutes of meeting:

- It is decided to celebrate International Women's Day in the month of March by organizing Cyber security awareness talk.
- Mothers' Day celebration in the month of May.
- Fathers' Day celebration in the month of June.
- To organize awareness, talk on Gynaec Oncology in the month of July.

Action Plan

Sl. No	Tentative Date/Month	Activity	Aim/Action
1.	March	International Women's Day	To cultivate cyber security awareness among students.
2.	May	Mothers 'Day celebration	To express honour, respect and love towards mother
3.	June	Fathers' Day celebration	To acknowledge the contribution of fathers to an individual, families and societies at large.
4.	July	Awareness talks on Gynaec Oncology	To give awareness on various types of cancers related to female reproductive system.

Rahila

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