



MANGALA COLLEGE OF ALLIED HEALTH SCIENCES

(Approved by Govt. of Karnataka, affiliated to Rajiv Gandhi University of Health Sciences, Karnataka)
(A Unit of Mangala Charitable Trust ®)

Vidyanagar, P.O. Pedamale, Neermarga Road, Mangaluru - 575 029. Ph: 0824-2272276/77

mangalapms2016@gmail.com

www.mangalacollege.org



Best Practice 1

Serving Beyond the Campus

Mangala College of Allied Health Sciences believes that giving back to the community is not just a valuable learning experience but also an essential component of responsible citizenship.

Objectives of the Practice:

- Promote a sense of social responsibility and civic duty.
- Foster leadership abilities and inclusive approach.
- Application of academic knowledge to real life situations in order to get practical experience.
- Identify the needs of the society that elicits new research ideas while providing solutions back to the society, as well as generating research funds for the faculty or students.
- Practice national unity and social harmony.
- Developing proficiency in engaging the community activities.

The Context:

Community service is a vital aspect of our institution's commitment to fostering responsible, versatile individuals. Through a wide range of activities, we engage our students in addressing the pressing needs of our local communities. These efforts encompass initiatives to raise awareness about health care, environmental clean-up drives and collaborative projects with local nonprofit entities. Our community service context is firmly rooted in the belief that our students contribute positively to society and cultivate valuable skills, empathy and a strong sense of civic responsibility in the process.

The Practice:

- Institution frequently hosts **blood donation** drives to fulfil healthcare needs and foster a sense of social responsibility.
- Department of Optometry organized significant community service initiatives through regular **eye check-up camps** for the public. It also takes the pride in organizing **eye screening for school children** around Mangalore which helps to identify vision problems at the early stage. Roughly 2,000 children benefitted so far.
- Department of Renal Dialysis Technology arranged **kidney awareness programs** and free **health check-up camps** for the public to educate them about kidney health and the importance of a healthy lifestyle.
- Department of Imaging Technology organized **breast cancer awareness and role of mammography** to encourage self-exams, early detection to improve survival rates.
- Furthermore, arts club, NSS, NCC and YRC units of the institution organized events like cleanliness drive **Swachh Bharath Abhiyan**, **Beach cleaning** and awareness



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programs such as **AIDS Awareness, First Aid Awareness, Antitobacco Day, World Health Day** etc

- Students of Medical Laboratory Technology served as frontline fighters against COVID-19 pandemic.
- Complimentary food packages were distributed by Mangala Charitable Trust during the COVID-19 pandemic.

Evidence of success:

- These services fostered a sense of community solidarity and promoted the value of altruism and selfless acts.
- Students acquired various skills such as medical communication, teamwork and organizational skills through their participation.
- Students acquired hands-on experience by applying theoretical knowledge to real life situations. This practical knowledge is invaluable in building a strong foundation and making them more competitive in the job market.
- Engaging with the community provided insight into community needs and helped students to understand the social context of health issues.

Problems encountered:

- Maintaining enthusiasm and motivation in students is a challenge.
- Students from regions outside Karnataka face language barriers when they try to communicate with the local public.



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BLOOD DONATION DRIVE



HEALTH CHECK-UP CAMP



SCHOOL EYE SCREENING



Mangaluru, Karnataka, India
WV6V+JXW, Vamanjoor, Mangaluru, Karnataka 575028, India
Lat 12.911053°
Long 74.893674°
10/06/22 12:25 PM



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BREAST CANCER AWARENESS



AIDS AWARENESS



BEACH CLEANING DRIVE

