



MANGALA COLLEGE OF ALLIED HEALTH SCIENCES

(Approved by Govt. of Karnataka, affiliated to Rajiv Gandhi University of Health Sciences, Karnataka)
(A Unit of Mangala Charitable Trust ®)

Vidyanagar, P.O. Pedamale, Neermarga Road, Mangaluru - 575 029. Ph: 0824-2272276/77

mangalapms2016@gmail.com

www.mangalacollege.org



Best Practice 2

Zest for Youth Empowerment

Mangala College of Allied Health Sciences, affiliated to RGUHS, Bengaluru a renowned health science College in South Canara that provides quality education in multidisciplinary programs designed to furnish opportunities for students from diverse socio-economic backgrounds with the dream to enter the healthcare world as qualified healthcare personnel.

Objectives:

- To equip students with essential life skills such as communication, problem-solving, decision-making and enhancing their overall competency.
- To encourage active participation in classroom discussions, co-curricular activities and extracurricular activities to foster a well-rounded development.
- To instil a sense of social responsibility in students.
- To assist students in preparing for health careers by providing insight into job opportunities and skills required for success.

The context:

Our institution is committed to fostering a dynamic learning environment that extends beyond traditional academic boundaries. Recognizing the evolving needs of our students, we have implemented a comprehensive student empowerment program as a best practice to enrich their educational experience and prepare them for a rapidly changing world. The institution provides holistic support for academic, personal and professional development and also fosters a sense of community engagement among students.

The Practice:

The institution conducted numerous empowerment programs aimed at fostering the comprehensive development of students.

The college features numerous skilled educators, ensuring a favourable student-faculty ratio for effective mentorship. Well-equipped laboratories and a comprehensive library enhance learning and resource allocation keeping the students actively engaged.

Our institution conducted Continuing Medical Education (CME) and Basic Life Support (BLS) training initiatives aimed at equipping students with valuable skills.

Students were permitted to engage in health checkup camps, school vision screening initiatives, industrial visits and hands-on training programs as components of experiential learning.

Students were offered clinical postings in parent hospital and college has established 10 MOUs with government and private sector hospitals to provide hands-on experience in clinical settings, preparing them for their future roles as healthcare practitioners.

The institution organized job fairs, connecting skilled job seekers with opportunities from hospitals and companies. It also conducted workshops and webinars for career development and interview preparation, providing valuable guidance. The Mangala Alumni Association assisted former students in their job searches.

Our institution is the forerunner in Karnataka to establish an NCC Sub Unit. Student council, NCC, NSS and YRC programs were organized to develop qualities of courage, comradeship,



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discipline, and the ideals of selfless service among the youth.

The institution encouraged physical and cultural activities on campus to preserve cultural heritage among students. Our college features an artificial turf playground for stable sports training.

Evidence of success:

- Successful job placements, internships and higher education opportunities.
- Increase in students' involvement in empowerment activities, workshops and cocurricular activities indicates a strong interest and engagement among students, reflecting the relevance and effectiveness of the programs.
- Positive feedback reflects that the students are satisfied with the empowerment programs

Problems encountered:

No significant issues have been encountered as such in the implementation of this practice, with the exception of occasional students' withdrawal from courses for personal reasons they wish to keep undisclosed.

CME 'RENED'





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INTERNATIONAL CONFERENCE 'MICON'



LAPAROSCOPY TRAINING





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BLS TRAINING



SESSION ON CV WRITING





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NCC



NSS



YRC

