



# **MANGALA COLLEGE OF PARAMEDICAL SCIENCES**

(Approved by Govt. of Karnataka, affiliated to Rajiv Gandhi University of Health Sciences, Karnataka)  
(A Unit of Mangala Charitable Trust ®)

Vidyanagar, P.O. Pedamale, Neermarga Road, Mangaluru - 575 029. Ph: 0824-2272276/77

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[www.mangalacollege.org](http://www.mangalacollege.org)



## **REPORTS OF EXTENSION AND OUTREACH ACTIVITIES - 2021-2022**



**MANGALA COLLEGE OF ALLIED HEALTH SCIENCES**  
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Ref. No: MCAHS/IQAC/F16/594/2021

Date:27/10/2021

Subject: Blood Donation Camp

With reference to the above subject, the NSS unit of Mangala College of Allied Health Sciences is organizing a Blood Donation Camp on 01.10.2021 at 10am in Government Ladygoshen Hospital, Mangalore. Staffs and Students who are willing to donate blood must register your names through the NSS coordinator. Bus facility will be provided from the college at 9am.

NSS Programme Officer

Principal

**PRINCIPAL**  
Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



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## NATIONAL SERVICE SCHEME BLOOD DONATION CAMP – 2021 EVENT REPORT

Date: 02.10.2021

**Date:** 01.10.2021

**Venue:** Government Ladygoshen Hospital, Mangalore

**Organizer:** NSS Unit

**No. of Participants:** 112

### **Report:**

The NSS unit of Mangala College of Allied Health Sciences organized a blood donation camp on 1<sup>st</sup> October 2021 in association with Indian Red Cross Society and Lady Goschen Blood Bank, Mangalore. Mr. S A Prabhakar Sharma, Honorary Secretary, IRCS, DK, and Dr. Ganapathi P, chairman, Mangala Group of Educational Institutions inaugurated the camp. Dr. J N Bhat, Medical officer, Prof. Pratijna Suhasini, Principal, Mrs. Geethalakshmi, Vice principal and Mr. Lalu krishna, NSS program officer were present. A total of 85 volunteers donated blood.









**NSS Volunteers:**

SL.NO.	NAME OF THE STUDENT	PROGRAMME
1.	Chaithra	Ist BSc. MLT
2.	Heera	Ist BSc. MLT
3.	Kesang Tsom	Ist BSc. MLT
4.	Lekha P H	Ist BSc. MLT
5.	Pallavi Chandrakant Naik	Ist BSc. MLT
6.	Shahana M	Ist BSc. MLT
7.	Akshitha Bangera	IInd BSc. MLT
8.	Vismitha	IInd BSc. MLT
9.	Chandan S	Ist BSc. MIT
10.	Rakshith G. S	Ist BSc. MIT
11.	Reshmi R	Ist BSc. MIT

12.	Ajith R	IInd BSc. MIT
13.	Bhaveeksha	Ist BSc.Optometry
14.	Chaithanya K. M	Ist BSc.Optometry
15.	Nidhi N Stevens	Ist BSc.Optometry
16.	Pooja K Bangera	Ist BSc.Optometry
17.	Sredha M P	Ist BSc. RDT
18.	Vaseela K	Ist BSc. RDT
19.	Anand M.S.	Ist BSc. A&OTT
20.	Ashwitha K	Ist BSc. A&OTT
21.	Anitta Ann Rajan	IInd BSc. A&OTT
22.	Bhavishya	IInd BSc. A&OTT





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Ref. No: MCAHS/IQAC/F16/600/2021

Date:05/11/2021

Subject: Eye checkup camp and Eye donation awareness drive

With reference to the above subject, the NSS unit of Mangala College of Allied Health sciences organizing Eye checkup camp and Eye donation awareness drive in association with Department of Optometry on 07.11.2021 at home guards' office Maryhill, Mangalore. The NSS volunteers of Mangala College of Allied Health Sciences are requested to attend the programme.

  
NSS Programme Officer

  
Principal

**PRINCIPAL**  
Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



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## NATIONAL SERVICE SCHEME EYE CHECKUP CAMP AND EYE DONATION AWARENESS DRIVE EVENT REPORT

Date: 08.11.2021

**Date:** 07.11.2021

**Venue:** Home guards office Maryhill, Mangalore

**Organizer:** NSS Unit

**No. of Participants:** 20

### **Report:**

The NSS unit and department of Optometry of Mangala College of Allied Health Sciences, in collaboration with the Civil Defense Force, Lion Club, and Home Guard, organized an Eye Check-Up and Eye Donation Awareness Drive on November 7th, 2021, at the Home Guard Office in Maryhill. The program was inaugurated by Mr. Vasanth Kumar Shetty, Governor of the Lions Club, Dr. Sripathi Kamath, and Prof. Prathijna Suhasini, Dean of Mangala College of Allied Health Sciences, and Sonu AS, HOD of the Department of Optometry.

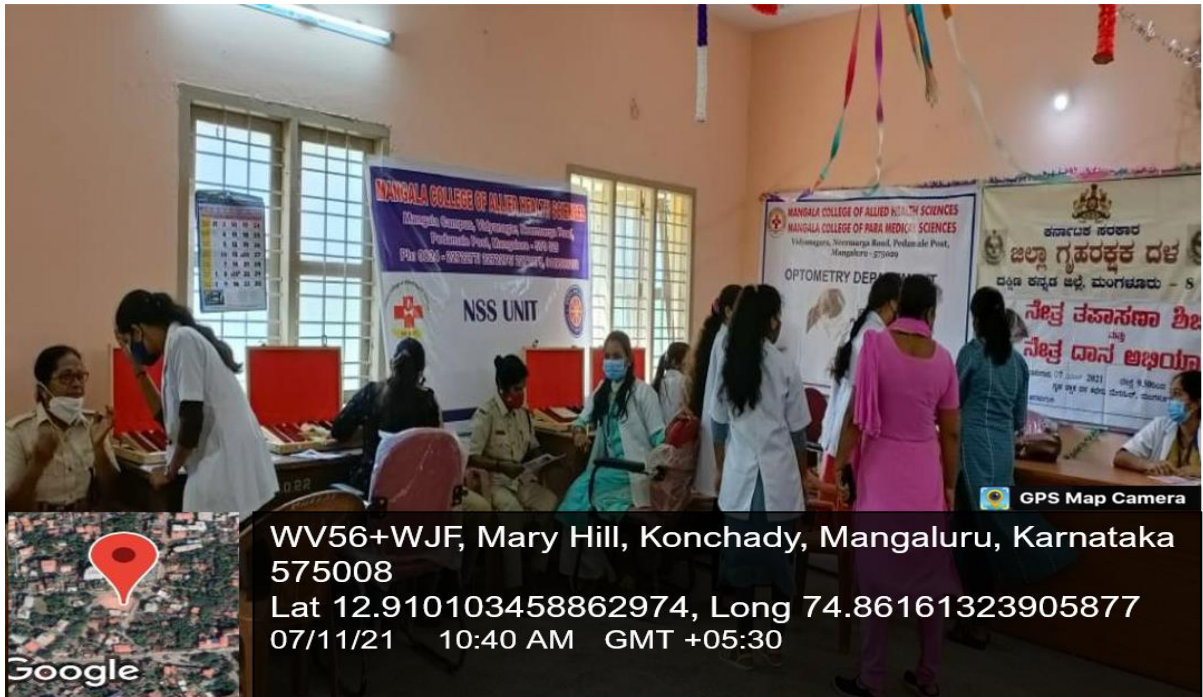
The event aimed to promote eye health and encourage people to donate their eyes for a noble cause. The Eye Check-Up included various activities such as visual acuity tests, refraction tests, and screening for common eye diseases. The attendees were provided with free spectacles and medications, as required.

The Eye Donation Awareness Drive focused on educating people about the importance of eye donation and how it can help to restore vision in those who are visually impaired. The keynote speaker for the event was Mr. Murali Mohan Achyuthar, who provided valuable insights into the various aspects of eye donation.

The event was a great success and helped to raise awareness about eye health and eye donation among the community. The NSS unit in association with the department of Optometry aims to continue organizing such drives in the future and work towards promoting better eye health and eye care.



WV56+WJF, Mary Hill, Konchady, Mangaluru, Karnataka  
575008  
Lat 12.910103458862974, Long 74.86161323905877  
07/11/21 10:40 AM GMT +05:30



WV56+WJF, Mary Hill, Konchady, Mangaluru, Karnataka  
575008  
Lat 12.910103458862974, Long 74.86161323905877  
07/11/21 10:40 AM GMT +05:30

**NSS volunteers:**

<b>SL.NO.</b>	<b>NAME OF THE STUDENT</b>	<b>PROGRAMME</b>
1.	Chaithra	Ist BSc. MLT
2.	Chaitra Salian	Ist BSc. MLT
3.	Deeksha	Ist BSc. MLT
4.	Aiswarya E K	Ist BSc. MIT
5.	Mohammed Askar	Ist BSc. MIT
6.	Bhaveeksha	Ist BSc.Optometry
7.	Vijitha K Shetty	IInd BSc.Optometry
8.	Sukshitha	Ist BSc.Optometry
9.	Thaodem Sanatombi Devi	Ist BSc.Optometry
10.	Dhanyashree	IInd BSc. RDT
11.	Varsha K P	IInd BSc. RDT
12.	Nidhi N Stevens	Ist BSc.Optometry
13.	Pooja K Bangera	Ist BSc.Optometry
14.	Muthura	Ist BSc. A&OTT
15.	Panchami B. Suvarna	Ist BSc. A&OTT
16.	Sahla Mole P M	IInd BSc. A&OTT



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Ref. No: MCAHS/IQAC/F16/618-1/2022

Date:28/01/2022

Subject: Blood Donation Camp

With reference to the above subject, the NSS unit of Mangala College of Allied Health Sciences in association with KMC blood center, Jyothi circle, Mangalore, organizing a Blood Donation Camp on 03/02/2022 at college campus. The students and staff are requested to attend the programme. Students who are willing to donate blood must register their name through NSS coordinator.

  
NSS Programme Officer

  
Principal

**PRINCIPAL**  
Mangala College of Allied Health Sciences  
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## NATIONAL SERVICE SCHEME BLOOD DONATION CAMP – 2022 EVENT REPORT

Date: 04.02.2022

**Date:** 03.02.2022

**Venue:** Mangala College of Allied Health Sciences

**Organizer:** NSS Unit

**No. of Participants:** 119

**Report:**

NSS unit of Mangala College of Allied Health Sciences Mangalore, conducted blood donation camp in association with KMC blood center, Jyothi circle, Mangalore, on 03/02/2022. Camp Inaugurated by honorable Chairman Dr. Ganapathi P, Camp addressed by Mr. Bhaskar (Ex. mayor & Ex. Corporator, Mangalore city corporation), Mrs. Dhanavanthi Venugopal (President Neermarga grama panchayath). On this occasion 103 students and staff voluntarily donated blood.





GPS Map Camera



**Mangala College of Allied Health Sciences**  
Neermarga, Kalpane Road, Neermarga, Mangaluru,  
575029 KA, India  
Lat 12.892818, Long 74.896816  
03/02/22 09:30 AM GMT +05:30



## **Mangala College of Allied Health Sciences**



**NSS**



## **BLOOD DONATION CAMP-22**

**03.02.2022, 9:30AM**  
**Mangala College of Allied Health Sciences**

**"Donating blood is an act of solidarity.**

Let's ensure that blood reaches to those who needs it.

CONTACT:

+91 7356942007

**NSS Volunteers:**

<b>SL.NO.</b>	<b>NAME OF THE STUDENT</b>	<b>PROGRAMME</b>
1.	Chaithra	Ist BSc. MLT
2.	Chaitra Salian	Ist BSc. MLT
3.	Fathimath Ramseena	Ist BSc. MLT
4.	Heera	Ist BSc. MLT
5.	Karthik K N	Ist BSc. MLT
6.	Pallavi Chandrakant Naik	Ist BSc. MLT
7.	Shyamjith K	Ist BSc. MLT
8.	Akshitha Bangera	IInd BSc. MLT
9.	Renita Figredo	IInd BSc. MLT
10.	Vismitha	IInd BSc. MLT
11.	Morvin Rebello	Ist BSc. MIT
12.	Muhammed Nashid Koladathil	Ist BSc. MIT
13.	Rakshith G. S	Ist BSc. MIT
14.	Reshmi R	Ist BSc. MIT
15.	Chaithra K.M	Ist BSc. Optometry
16.	Deitilang Khonglam	Ist BSc. Optometry
17.	Manohari	Ist BSc. Optometry
18.	Nidhi N Stevens	Ist BSc. Optometry
19.	Prathyusha	Ist BSc. RDT
20.	Sandra K	Ist BSc. RDT
21.	Sanjana G R	Ist BSc. RDT
22.	Adithya G.K. Kottary	Ist BSc. A&OTT
23.	Anand M.S.	Ist BSc. A&OTT
24.	Bhavishya	IInd BSc. A&OTT
25.	Sahla Mole P M	IInd BSc. A&OTT





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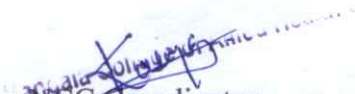



Ref. No: MCAHS/IQAC/F17/639/2022

Date:01/04/2022

Subject: Beach cleaning programme

With reference to the above subject, the NCC unit of Mangala College of Allied Health Sciences, Mangalore, organizing a beach cleaning programme on 05-04-2022 at Thaneerbavi Beach. The NCC students of Mangala College of Allied Health Sciences are requested to attend the programme.

  
NCC Coordinator  
NCC Caretaker

  
Principal  
Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



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## NATIONAL CADET CORPS BEACH CLEANING EVENT REPORT

Date: 06.04.2022

**Date:** 05.04.2022

**Venue:** Thaneerbavi Beach, Mangalore

**Organizer:** NCC Unit

### Report:

The NCC unit 18 Karnataka Battalion of Mangala College of Allied Health Sciences, Mangalore, organised a beach cleaning programme on 05-04-2022 at Thaneerbavi Beach. NCC unit actively participated in beach cleaning, Poster Presentation and Awareness talk against water pollution. Camp is inaugurated and addressed by Col. Nithin Bide commanding officer of 18 Karnataka Battalion Padeshwara. On this occasion 500 Cadets and PI staffs and ANO's were participated.





**NCC Cadets Participated:**

2022-2023		
SL.NO.	NAME OF THE STUDENT	PROGRAMME
1.	Heera	BSc. MLT
2.	Sakshi Shetty	BSc. MIT



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Ref. No: MCAHS/IQAC/F16/641/2022

Date:24/05/2022

Subject: World No-Tobacco Day.

NSS unit in association with NCC Subunit of Mangala College of Allied Health Sciences organizes an awareness talk, rally and poster presentation on account of "World No-Tobacco Day" on 31 May 2022 at Neermarga town.

With reference to the above subject, NSS volunteers, NCC cadets, and staff of Mangala College of Allied Health Sciences and Mangala College of Para Medical Sciences are requested to congregate on the rally point at 2:30 PM

NSS Coordinator

Principal

**PRINCIPAL**

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## NATIONAL SERVICE SCHEME AND NATIONAL CADET CORPS WORLD NO TOBACCO DAY 2022 EVENT REPORT

Date: 03.06.2022

**Date:** 31.05.2022

**Venue:** Neermarga Town, Mangaluru.

**Organizer:** NSS Unit & NCC unit

**No. of Participants:** 95

### Report:

NSS unit of Mangala College of Allied Health Sciences Mangalore in association with NCC unit conducted a Rally, Poster Presentation and Awareness talk against Tobacco usage, on World No Tobacco Day on 31/05/2022 at Neermarga Town.

Camp Inaugurated by NCC Advisor Mr. Tony Pinto. Camp addressed by Mr. N. B. Pateel (Junior commissioner Officer). 95 students and staffs were participated in the programme. The programme was organized by Mr. Lalukrishnan T P. NSS Program Officer, Mangala College of Allied Health Sciences, Mangalore.







**NSS VOLUNTEERS:**

SL.NO.	NAME OF THE STUDENT	PROGRAMME
1.	Chaithra	Ist BSc. MLT
2.	Chaitra Salian	Ist BSc. MLT
3.	Deeksha	Ist BSc. MLT
4.	Navya Kumari	Ist BSc. MLT
5.	Pallavi Chandrakant Naik	Ist BSc. MLT
6.	Abinsha S	Ist BSc. MIT
7.	Aiswarya E K	Ist BSc. MIT
8.	Chandan S	Ist BSc. MIT
9.	Dhanush Uday Naik	Ist BSc. MIT
10.	Ajith R	IInd BSc. MIT
11.	Ansila K H	IInd BSc. MIT
12.	Pooja K Bangera	Ist BSc. Optometry
13.	Rithesh Kumar G	Ist BSc. Optometry
14.	Sukshitha	Ist BSc. Optometry
15.	Prathyusha	Ist BSc. RDT