

**Capability enhancement and development schemes employed by the Institution for students:**

Human value development

1. A talk on "stress disorder in Women"
2. Talk on "Gender identity and sexual orientation"
3. World Blood Donors' Day 2019
4. Talk on "Ragging and its Effect"
5. AIDS awareness program
6. Self-defence training for women
7. Awareness Session on Drug Abuse
8. Pulse polio Vaccination Campaign
9. National Voter's Day– 2021
10. Cyber Safe Campus
11. Blood Donation Camp
12. Always Be a Free Bird with Your Periods
13. Session on Anti Ragging awareness - "Ragging is a Menace"
14. Blood Donation Camp
15. International women's day
16. Session on "Women in Leadership- Overcoming Barriers and Bias"
17. Breast Cancer Awareness & Role of X-Mammography
18. World Aids Day
19. World Human Rights Day
20. National Youth Day
21. Red card Campaign
22. National Voter's Day
23. Blood Donation Camp
24. Voter Awareness Program
25. Session on "Cyber Crime and women awareness and protection
26. Awareness Programme on Anti-Ragging
27. 5K Run for Kidneys
26. International Mothers' Day Celebration – 2023
28. International Fathers' Day Celebration – 2023



# MANGALA COLLEGE OF PARA MEDICAL SCIENCES

(Approved by Govt. of Karnataka, affiliated to Rajiv Gandhi University of Health Sciences, Karnataka)  
(A Unit of Mangala Charitable Trust ®)

Vidyanagar, P.O. Pedamale, Neermarga Road, Mangaluru - 575 029. Ph: 0824-2272276/77

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Ref. No: MCPMS/F11/345/2019

Date: 01/03/2019

Subject: Talk on stress disorder in women.

With reference to the above subject, the female students admitted to B.Sc. programs and Diploma courses of Mangala College of Para Medical Sciences are expected to assemble room no 75 on 08 March 2019 for a talk on "Stress disorder in women" organized by Women Cell, Mangala College of Para Medical Sciences and the resource person Dr. Vijayalakshmi Prasanni, Counsellor, Mangala College of Para Medical Sciences.

Coordinator  
Women Cell

Principal

Mangala College of Para Medical Sciences  
Vidyanagar - P.O. Pedamale  
Neermarga Road - Mangaluru - 575 029



Date: 09 March 2019

**Women Cell**  
**Talk on “Stress disorder in women”**

Date: 08 March 2019

Venue: Room No 75, Ground floor

Total No. of Participants: 56

Women Cell of Mangala College of Para Medical Sciences organized a talk on “Stress Disorder in Women” on 8 March 2019 on account of International Women’s Day to enable the students to have good health and practice good mental hygiene.

Dr. Vijayalakshmi Prasanni, Counsellor, Mangala College of Para Medical Sciences, Mangaluru was the resource person.

44 students enrolled in B.Sc. programs and 12 students enrolled in Diploma courses of Mangala College of Para Medical Sciences participated and realized that a personal wellness plan and self-care can help women to manage stress.



Venue: Room No 75


Event name: Stress disorder in women

Date & Time: 08/03/2019 & 02:42 PM

Location: Mangala College of Paramedical Sciences

**Women Cell**  
**Talk on "Stress Disorder in Women" (08-03-2019)**  
**Participants List**

Program	Year	Sl. No	Name of the Candidate	Register Number	Signature
B.Sc. MLT	I	1.	Ahammed Ashiq		_____
		2.	Ahmed Nusaif		_____
		3.	Ahmed Ziyad		_____
		4.	Deeksha S		Deeksha S
		5.	Fathimath Zohara		Fathimath
		6.	Firos Khan P		
		7.	Hemanth K		
		8.	Jasir Moosan		
		9.	Mohammed Anas K M		
		10.	Mohammed Shariq		
		11.	Muhammad Shahad T S		
		12.	Muhammed Rajul P A		
		13.	Musa Mansur		
		14.	Shameem P		
		15.	Shayana		
		16.	Shilpa R		Shilpa
		17.	Suchithra M.S.		Suchithra
		18.	Sunaif M M		
		19.	Sushmitha		Sushmitha
		20.	Yasir Arafath		_____
	II	21.	Ameen Aboobakkar	17L2528	_____
		22.	Floyed Errol Crasta	17L2529	_____
		23.	Jocelin Harriate D Almeida	17L2531	Jocelin
		24.	Kenith Sohan Montheiro	17L2532	
		25.	Rakshitha V	17L2538	Rakshitha
		26.	Ranjith D J	17L2539	
		27.	Reshma	17L2541	Reshma
		28.	Sushma K	17L2542	
		29.	Vinutha	17L2543	Vinutha
		30.	B U Sunad		
B.Sc. MIT	I	31.	Darshan Kumar K		
		32.	Abdul Rishan S M		
		33.	Adwaith P V		
		34.	Ajil Anil Kumar		
		35.	Akhil M.S		
		36.	Akshay Sankar N		
		37.	Albin K Thomas		
		38.	Anfas Muhammed R		
		39.	Deekshith A B		
		40.	Dhanya C H		Dhanya
		41.	Dijil Dayanandan V		
		42.	Faiza Anjum		Faiza
		43.	Hrithik T. P		

 **PRINCIPAL**  
**Mangala College of Para Medical Sciences**  
**Vidyanagar, P.O. Pedamale**  
**Neermarga, MANGALORE - 575 021**

		44.	Hrushikesh Narayan		
		45.	Jeethesh		
		46.	Mohammed Hasim M V		
		47.	Nidhin Kunjumon		
		48.	Sachin P Saji		
		49.	Sayoojya K K		<i>Sayoojya</i>
		50.	Swasthika K S		<i>Swasthika</i>
		51.	Vivan Thomas Dcosta		
<b>B.Sc. Optometry</b>	<b>I</b>	52.	Abdul Mubeen M.C.		
		53.	Afrina		<i>Afrina</i>
		54.	Ashwitha		<i>Ashwitha</i>
		55.	Awwa Manshiya		<i>Awwa</i>
		56.	Ayishath Zulpha		<i>Ayishath</i>
		57.	Madhushree S V		<i>Madhushree</i>
		58.	Nandini Kishor		
		59.	Navya M		<i>Navya</i>
		60.	Nihal Ahmed Lanka		
		61.	Pasmitha Ahbeen B C		
		62.	Pranitha		
		63.	Reetha Kumari H S		<i>Reetha</i>
		64.	Seethal Jayakumar		<i>Seethal</i>
		65.	Shamsheena		<i>Shamsheena</i>
		66.	Shraddha B S		<i>B.S. Shraddha</i>
		67.	Sijila Robin		
		68.	Sneha P M		<i>Sneha</i>
		69.	Sushmitha		<i>Sushmitha</i>
		70.	Vranda K		<i>Vranda</i>
<b>B.Sc. RDT</b>	<b>I</b>	71.	Akash Dinesh		
		72.	Anaga Suresh		<i>Anaga</i>
		73.	Anjima T S		<i>Anjima</i>
		74.	Anju P A		
		75.	Divinitha		<i>Divinitha</i>
		76.	Jemcy George		<i>Jemcy</i>
		77.	Nimisha K.B.		<i>Nimisha</i>
		78.	Rakshitha B		<i>Rakshitha B.</i>
		79.	Sneha D Raj		<i>Sneha</i>
		80.	Sushmitha S		<i>Sushmitha</i>
<b>B.Sc. AT</b>	<b>I</b>	81.	Abhishek K R		
		82.	Adarsh Poojary		
		83.	Ajo Mathew		
		84.	Joseph Chacko		
		85.	Mohammad		
		86.	Mohan Prasad K S		
		87.	Nasnathul Fidha P P		
		88.	Sangeetha		<i>Sangeetha</i>
		89.	Shaniahskhem Khongthaw		
		90.	Unnimaya K		<i>Unnimaya</i>

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<b>B.Sc. OTT</b>	<b>I</b>	91.	Abdul Rashid V V		—
		92.	Abeer Altaf		—
		93.	Ajmal A A		—
		94.	Deepa		Deepa
		95.	Hashir V K		—
		96.	Jayashree		Jaya
		97.	Nidhi S		Nidhi
		98.	Rosh Thomas		
		99.	Sandeep Santhosh		
		100.	Sinchana A S		Sam
	<b>II</b>	101.	Archana H B	17E7306	↑
		102.	Ashwini M	17E7307	
		103.	Jasif Abdul Jabbar	17E7308	↓
		104.	T V Megha Manoj	17E7310	Mega
		105.	Vismaya Sudheer A K	17E7311	Vismaya
		106.	Rashmi R		Rashmi
		107.	Sarami War		Saram

  
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Ref. No: MCPMS/F11/373/2019

Date: 03/06/2019

Subject: Session on Gender Identity and Sexual Orientation.

With reference to the above subject, all the female students admitted to B.Sc. programs and Diploma courses of Mangala College of Para Medical Sciences are expected to assemble at Ishavasyam (Auditorium) on 10 June 2019 for a session on Gender Identity and Sexual Orientation organized by Women Cell, Mangala College of Para Medical Sciences and the resource person Dr. Shailini S Rao, Medical Advisor.

Coordinator  
Women Cell

Principal  
PRINCIPAL  
Mangala College of Para Medical Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



Date: 11 June 2019

## Women Cell

### Talk on “Gender identity and sexual orientation”

Date: 10 June 2019

Venue: Ishavasyam

No of Participants: 48

A talk on gender identity and sexual orientation was conducted on 10 June 2019 by Women Cell at Ishavasyam, auditorium of Mangala College of Para Medical Sciences to enable the students to identify each person's internal and individual experience of gender.

Dr Shalini Rao, Medical Advisor, Mangala College of Para Medical Sciences was the resource person. 29 students enrolled in Diploma courses and 19 students enrolled in B.Sc. programs participated in the talk and understood gender and sexuality are centrally important forces that shape every aspect of our life.



Venue: Ishavasyam

Event Name: Gender Identity and Sexual Orientation

Date & Time: 10/06/2019 & 11:25 AM

Location: Mangala College of Para Medical Sciences

**Women Cell**  
**Talk on 'Gender Identity and Sexual Orientation' (10-06-2019)**  
**Participants List**

Program	Year	Sl. No	Name of the Candidate	Register Number	Signature
B.Sc. MLT	III	1.	Abdul Nazir A A	16L2511	—
		2.	Anusree Chandran C M	16L2513	Anusree
		3.	Arafath K	16L2514	—
		4.	Asma Azeena	16L2515	—
		5.	Chethana	16L2517	Chethana
		6.	Kripa R	16L2519	Kripa
		7.	Megharaj K P	16L2520	—
		8.	Nidhi Dechamma K T	16L2523	Nidhi
		9.	Ratnavarma Mohan Betalakar	16L2525	—
		10.	Rinu Swer	16L2526	—
		11.	Vinny Jose	16L2530	—
B.Sc. MIT	III	12.	Ajith	16E7266	—
		13.	Arya A P	16E7268	Arya
		14.	Gokul C A	16E7270	—
		15.	Gokulraj P	16E7271	—
		16.	Gopika Prabhakaran	16E7272	Gopika
		17.	Jasmi P K	16E7275	Jasmi
		18.	Jinsha T P	16E7276	Jinsha
		19.	Jyothish Raj M P	16E7277	—
		20.	Shuhaib	16E7283	—
		21.	Sreerag P R	16E7284	—
		22.	Sreerashmi T	16E7285	Sreerashmi
B.Sc. Optometry	III	23.	Afridha Sirin	16O0451	—
		24.	Aiswarya Babu	16O0452	Aiswarya
		25.	Amrutha Ponnann	16O0454	—
		26.	Soumiva	16O0464	Soumiva
B.Sc. RDT	III	27.	Akhil Biju	16E7298	—
		28.	Athira Biju	16E7299	Athira
		29.	Jesna George	16E7300	Jesna
		30.	Mintu Manoj P P	16E7301	—
		31.	Saby Joseph	16E7303	—
		32.	Samuel Mathew	16E7304	—
		33.	Navya M	17E7305	Navya
B.Sc. OTT	III	34.	Akhil M V	16E7306	—
		35.	Amalu Jose	16E7307	Amalu
		36.	Anagha P	16E7308	Anagha P
		37.	Asad Ibnu Habeeb P	16E7309	—
		38.	Aswani Krishna P	16E7310	Aswani
		39.	Priyanka D Souza	16E7312	Priyanka
		40.	Rilshana N C	16E7313	—
		41.	Sneha Mohan	16E7315	Sneha

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Mangala College of Para Medical Sciences  
Vidyanagar, P.O. Pedemane  
Neermarga, MANGALORE - 575 079



# MANGALA COLLEGE OF PARA MEDICAL SCIENCES

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RefNo: MCPMS/F3/377/2019

Date: 12-06-2019

Subject: World Blood Donor's Day-2019

With reference to above subject all the faculties and Students enrolled to B.Sc. and diploma program from the Department of Medical Laboratory Technology of Mangala College of Paramedical Sciences will be participating in World Blood Donor's day-2019 organized by The Indian Red Cross Society, Mangaluru on 14 June 2019.

Coordinator  
College Curriculum Committee

HOD

Principal

Mangala College of Para Medical Sciences  
Vidyanagar, P.O. Pedamale, Neermarga Road, Mangaluru - 575 029



**Department of Medical Laboratory Technology**  
**World Blood Donors' Day 2019**  
**Event Report**

Date:15-06-2019

**EVENT NAME:** World Blood Donors' Day 2019

**DATE:** 14-06-2019

**VENUE:** Town Hall, Mangaluru

**ORGANIZER:** The Indian Red Cross Society, Mangaluru

**NUMBER OF PARTICIPANTS:** 84

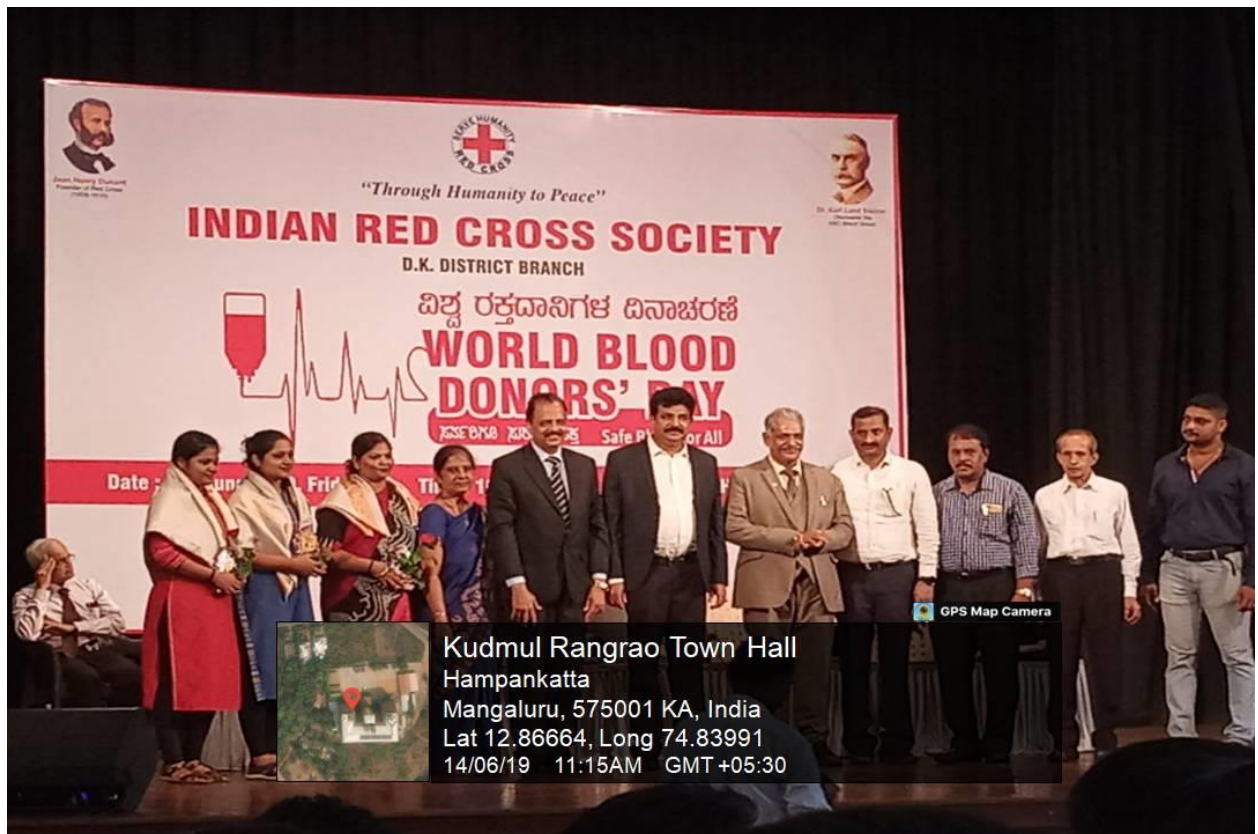
**REPORT:**

Faculties and students enrolled to B.Sc. program from the Department of Medical Laboratory Technology of Mangala College of Paramedical Sciences participated in World Blood Donors' Day organized by The Indian Red Cross Society, Mangaluru on 14 June 2019. The programme began with a prayer invoking God's blessing, followed by welcome address by S A Prabhakar Sharma K A S –Hon Secretary of IRCS D.K. The inauguration of World Blood Donors' Day was done by Additional Deputy Commissioner, District Magistrate R Venkatachalapathy, and other dignitaries.

Addressing the audience, Chief guest Deputy Commissioner R Venkatachalapathy stressed on the need for blood donation, which is very much needed these days during emergency cases at hospitals. He also highlighted the importance of blood donation, 7878 and blood being the most precious thing in this world a human being have.

Representatives of organizations that have arranged blood donation camps to ensure that the society never has to face shortage of blood were felicitated. 8 Third year Bachelor of Science in Medical Laboratory Technology, 4 second year Bachelor of Science in Medical Laboratory Technology, 40 third year and 30 second year Diploma in Medical Laboratory Technology students participated.

Faculties Ms. Shiny D'souza and Ms. Vijetha Sheena accompanied the students.





**PARTICIPANTS LIST FOR BLOOD DONORS' DAY-2019**

SL.NO.	STUDENTS NAME	REGISTRATION NO.	PROGRAM
1.	Ms.Anusree Chandran C M	16L2513	III Year B.Sc in Medical Laboratory Technology
2.	Ms.Asma Azeena	16L2515	III Year B.Sc in Medical Laboratory Technology
3.	Ms.Kripa R	16L2519	III Year B.Sc in Medical Laboratory Technology
4.	Mr.Megharaj K P	16L2520	III Year B.Sc in Medical Laboratory Technology
5.	Ms.Nidhi Dechamma K T	16L2523	III Year B.Sc in Medical Laboratory Technology
6.	Ms.Raksha H L	16L2524	III Year B.Sc in Medical Laboratory Technology
7.	Mr.Ratnavarma Mohan Betalakar	16L2525	III Year B.Sc in Medical Laboratory Technology
8.	Ms.Rinu Swer	16L2526	III Year B.Sc in Medical Laboratory Technology
9.	Ms.Sushma K	17L2542	II Year B.Sc in Medical Laboratory Technology
10.	Mr.Floyed Errol Crasta	17L2529	II Year B.Sc in Medical Laboratory Technology
11.	Ms.Vinutha	17L2543	II Year BSc in Medical Laboratory Technology
12.	Mr.Kenith Sohan Montheiro	17L2532	II Year B.Sc in Medical Laboratory Technology



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Ref. No: MCAHS/IQAC/F8/403/2019


Date: 14/09/2019

Subject: Anti Ragging awareness program for students

With reference to about subject Anti Ragging Cell of Mangala College of Paramedical Sciences is organizing a program on 'Ragging and its effects' at Ishavasyam (Auditorium) on 21-09-2019 at 10:00am.

The students of Mangala College of Para Medical Sciences are to attend the same accompanied by their respective class coordinators.

  
Coordinator  
Anti Ragging Cell

  
Principal  
PRINCIPAL  
Mangala College of Para Medical Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



**ANTIRAGGING CELL**  
**Talk on “Ragging and its Effect”**  
**Event Report**

**Date:22/09/2019**

Anti Ragging Cell, Mangala College of Paramedical Sciences organized a talk on “Ragging is a Menace” at college auditorium, Ishavasyam on 21<sup>st</sup> September 2019. The speaker of the day was Advocate Nikesh Shetty. The talk was organized with an objective to curb the menace of ragging in college.

168 students enrolled to the B.Sc. Allied Health Sciences programs and 185 students enrolled to Diploma courses took part in the session. Students were made aware that the practice of Ragging does no good to, neither the offenders nor the victims.





**Mangala College of Paramedical Sciences**  
Neermarga, Kalpane Road, Neermarga,  
Mangaluru, 575029 KA, India  
Lat 12.892818, Long 74.896816  
21/09/19 10:23AM GMT +05:30

GPS Map Camera

2019.09.21 10:23

List of participants who attended anti ragging awareness session 2019-20			
Sl. No	Name of the Candidate	Register Number	Program
1	Abdul Kader Shazin T U	19L0286	<b>First Year Bachelor of Science in Medical Laboratory Technology</b>
2	Abdul Nazar	19L0287	
3	Akshay	19L0288	
4	Arpitha N A	19L0289	
5	Gayathri	19L0290	
6	Huda Fatima	19L0291	
7	Jahfar Sadhiq T A	19L0292	
8	Keerthi K	19L0293	
9	Kruthik S Y	19L0294	
10	Mahammed Adil	19L0295	
11	Poojashree	19L0296	
12	Preethal Anusha Dsouza	19L0297	
13	Rakshitha A	19L0298	
14	Ramyashree	19L0299	
15	Shreya	19L0300	
16	Swathi Tejashree	19L0301	
17	Vichetha	19L0302	
18	Vijeth S	19L0303	
19	Fathimath Zohara	18L1390	<b>Second Year Bachelor of Science in Medical Laboratory Technology</b>
20	Hemanth K	18L1392	
21	Muhammad Shahad T S	18L1396	
22	Musa Mansur	18L1398	
23	Shameem P	18L1399	
24	Shilpa R	18L1401	
25	Suchithra M.S.	18L1402	
26	Sushmitha	18L1404	
27	Akshatha B	19L0304	
28	Chandrakala M	19L0305	
29	Ameen Aboobakkar	17L2528	<b>Third Year Bachelor of Science in Medical Laboratory Technology</b>
30	Floyed Errol Crasta	17L2529	
31	Jocelin Harriate D Almeida	17L2531	
32	Kenith Sohan Montheiro	17L2532	
33	Rakshitha V	17L2538	
34	Ranjith D J	17L2539	
35	Reshma	17L2541	
36	Sushma K	17L2542	
37	Vinutha	17L2543	
38	Darshan Kumar K	18L1407	
39	Ahmed Siraz Hazbar N S	19E2741	<b>First Year Bachelor of Science in Medical Imaging Technology</b>
40	Aleena Maria Joseph	19E2742	
41	Bhavya	19E2743	

42	Fazil Shaheer Aboobacker	19E2744	
43	Ijtibah Ahmed	19E2745	
44	Muhammed Zameen	19E2746	
45	P S Ahamad Jawad	19E2747	
46	Ridapyntngen Wett	19E2748	
47	Rithesh C	19E2749	
48	Roobiya Sherin	19E2750	
49	Shahala K	19E2751	
50	Sowmya P K	19E2752	
51	Suraij K P	19E2753	
52	Zaahir P S	19E2754	
53	Abdul Rishan S M	18E1601	<b>Second Year Bachelor of Science in Medical Imaging Technology</b>
54	Adwaith P V	18E1602	
55	Akhil M.S	18E1604	
56	Akshay Sankar N	18E1605	
57	Deekshith A B	18E1608	
58	Dhanya C H	18E1609	
59	Faiza Anjum	18E1611	
60	Hrithik T. P	18E1612	
61	Jeethesh	18E1614	
62	Sayoojya K K	18E1618	
63	Farzeena Jasmin P P	19E2755	
64	Abhijith S	17E7237	<b>Third Year Bachelor of Science in Medical Imaging Technology</b>
65	Akhil K	17E7239	
66	Akhilraj P	17E7240	
67	Amal K	17E7241	
68	Faraz Abdul Kalam Thekke Madathi	17E7244	
69	Shamil Rahman Abdurahiman	17E7255	
70	Zeena Dsouza	18E1622	
71	Akrathi	19O0241	<b>First Year Bachelor of Science in Optometry</b>
72	Jerin Varghese	19O0242	
73	Khongdkhar Opalston Donbor	19O0243	
74	Krishnaprasad R	19O0244	
75	Lithin N R	19O0245	
76	Madhu Kumar M	19O0246	
77	Manoj A M	19O0247	
78	Niarka Shullai	19O0248	
79	Pratheeksha A	19O0249	
80	Shravya	19O0250	
81	Soundarya C	19O0251	
82	Spainlangki Nongtdu	19O0252	
83	Varsha Shaji K V	19O0253	
84	Vidya D	19O0254	
85	Vinaya Vijayan	19O0255	

86	Vinitha Maria Rodrigues	19O0256	<b>Second Year Bachelor of Science in Optometry</b>
87	Abdul Mubeen M.C.	18O0451	
88	Afrina	18O0452	
89	Ashwitha	18O0453	
90	Awwa Manshiya	18O0454	
91	Ayishath Zulpha	18O0455	
92	Madhushree S V	18O0456	
93	Nandini Kishor	18O0457	
94	Pasmitha Ahbeen B C	18O0460	
95	Pranitha	18O0461	
96	Reetha Kumari H S	18O0462	
97	Shamsheena	18O0464	
98	Sijila Robin	18O0466	
99	Sneha P M	18O0467	
100	Sushmitha	18O0468	
101	Vranda K	18O0469	
102	Aboobakkar Siddeeq G.H	19O0257	<b>Third Year Bachelor of Science in Optometry</b>
103	Glory Smith Morrison	19O0258	
104	Sharan Kumar G	19O0259	
105	Divya Rajan	17O0464	
106	Harishma Rajeev	17O0465	
107	Kavyashree A G	17O0466	
108	Mehafooza	17O0469	
109	Reshma K R	17O0471	
110	Sohan Diggavi	17O0473	
111	Theertha M	17O0474	
112	Asha	18O0470	<b>First Year Bachelor of Science in Renal Dialysis Technology</b>
113	Shreyas P R	18O0477	
114	Anandu S Murali	19E1541	
115	Ashwini	19E1542	
116	Johnson E S	19E1543	
117	Manisha	19E1544	
118	Mohammed Mubashir	19E1545	
119	Muhammed Thameem C H	19E1546	
120	Rachana	19E1547	
121	Sahal P U	19E1548	
122	Anju P A	18E3264	<b>Second Year Bachelor of Science in Renal Dialysis Technology</b>
123	Jemcy George	18E3266	
124	Rakshitha B	18E3268	
125	Sneha D Raj	18E3269	
126	Sushmitha S	18E3270	
127	Lorena Reshma Dcosta	19E1549	
128	Anagha Krishnan K V	17E7296	<b>Third Year Bachelor of Science in Renal Dialysis Technology</b>
129	Anusree Komath	17E7298	
130	K. Aiswarya Surendran	17E7299	

131	Mishal Rahis	17E7301	
132	Raksha P N	17E7302	
133	Jyothi Kumary K.	18E3271	
134	Sweethi S Shetty	18E3272	
135	Anusha P	19E0831	<b>First Year Bachelor of Science in Anaesthesia Technology</b>
136	Princy Mathew	19E0832	
137	Rithul Dcautho	19E0833	
138	Sanidhya N Rai	19E0834	
139	Abhishek K R	18E0431	<b>Second Year Bachelor of Science in Anaesthesia Technology</b>
140	Mohammad	18E0435	
141	Mohan Prasad K S	18E0436	
142	Nasnathul Fidha P P	18E0437	
143	Sangeetha	18E0438	
144	Unnimaya K	18E0440	
145	Kavyashree M	19E0835	
146	Faseel A	17E7602	<b>Third Year Bachelor of Science in Anaesthesia Technology</b>
147	Sneha Sankar	17E7607	
148	Tessymol David	17E7610	
149	Punith	18E0441	
150	Aishwarya	19E0291	<b>First Year Bachelor of Science in Operation Theatre Technology</b>
151	Aswathy M R	19E0292	
152	Bisida Khongwet	19E0293	
153	K Chaithra	19E0294	
154	Sandhya Kumari	19E0295	
155	Shreyanka P S Achar	19E0296	
156	Vishnu S Shibu	19E0297	
157	Abdul Rashid V V	18E2526	<b>Second Year Bachelor of Science in Operation Theatre Technology</b>
158	Ajmal A A	18E2528	
159	Deepa	18E2529	
160	Jayashree	18E2531	
161	Nidhi S	18E2532	
162	Sinchana A S	18E2535	
163	Grahitha	19E0298	
164	Archana H B	17E7306	<b>Third Year Bachelor of Science in Operation Theatre Technology</b>
165	Ashwini M	17E7307	
166	T V Megha Manoj	17E7310	
167	Rashmi R	18E2537	
168	Sarami War	18E2536	



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Ref. No: MCPMS/F16/415/2019

Date:26/11/2019

Subject: AIDS Awareness Programme

With reference to the above subject, the NSS unit of Mangala College of Paramedical Sciences in association with Arts Club is organizing an AIDS awareness Program on 1<sup>st</sup> December 2019 at Bikarnakatte, Kaikamba market'. The staffs and students are requested to attend the programme.

NSS Programme Officer

PRINCIPAL

Mangala College of Para Medical Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



**NATIONAL SERVICE SCHEME  
AIDS AWARENESS PROGRAMME  
EVENT REPORT**

Date: 02.12.2019

**Date:** 01.12.2019

**Venue:** Bikarnakatte, Kaikamba Market, Mangalore

**Organizer:** NSS Unit

**No. of Participants:** 54

**Report:**

AIDS awareness program was organized by NSS unit of Mangala College of Paramedical Sciences in association with Arts Club on 1<sup>st</sup> December 2019 at Bikarnakatte, Kaikamba market. A skit was performed by the NSS students about AIDS awareness. The public were present at the event. Around 54 students and 3 staff participated in the program.





#### NSS Volunteers:

SL.NO.	NAME OF THE STUDENT	PROGRAMME
1.	Akshay	Ist BSc. MLT
2.	Arpitha N A	Ist BSc. MLT
3.	Ramyashree	Ist BSc. MLT
4.	Shreya	Ist BSc. MLT
5.	Swathi Tejashree	Ist BSc. MLT
6.	Vichetha	Ist BSc. MLT
7.	Shahala K	Ist BSc. MIT
8.	Sowmya P K	Ist BSc. MIT
9.	Suraij K P	Ist BSc. MIT
10.	Pratheeksha A	Ist BSc. Optometry
11.	Shravya	Ist BSc. Optometry
12.	Soundarya C	Ist BSc. Optometry



Ref. No: MCPMS/F11/441/2020

Date: 01/03/2020

Subject: Self-defence Training

Women Cell of Mangala College of Para Medical Sciences is organizing a self-defence training session on account of International Womens' Day.

With reference to the above subject, the female students admitted to B.Sc. programs and Diploma courses of Mangala College of Para Medical Sciences are expected to assemble in the Ishavasyam Auditorium on 07 March 2020 for women empowerment / self-defence training session.

Coordinator  
Women Cell

Principal  
Mangala College of Para Medical Sciences  
Vidyanagar, P.O. Pedamale  
Mangaluru, Mangaluru - 575 029

Date: 09 March 2020

## Women Cell

### Women empowerment / Self-defence training program

Date: 07 March 2020

Venue: Ishavasyam

No of Participants: 345

A self-defence training program was organized at Ishavasyam, auditorium of Mangala College of Para Medical Sciences on account of International Women's Day by Women Cell in association with Arts Club of Mangala College of Para Medical Sciences on 07 March 2020.

The objective of this training program was to strengthen the self-confidence of female students by empowering them to defend themselves against potential attacks.

Mr. Karthik S Kateel was the Resource person. 263 students enrolled to diploma courses and 82 students enrolled to B.Sc. programs of the allied health sciences participated in the training program and got benefited from the live demo of self-defence techniques and protection tips.



Venue: Ishavasyam  
Event name: Women empowerment / Self-defence training  
Date & Time: 07/03/2020 & 11:41 AM  
Location: Mangala college of Paramedical Sciences





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mangalapms2016@gmail.com [www.mangalacollege.org](http://www.mangalacollege.org)



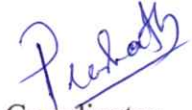
Ref. No: MCAHS/IQAC/F8/514/2020

Date: 11/12/2020

Subject: Awareness Session on Drug Abuse

With reference to about subject Anti Ragging Cell of Mangala College of Para Medical Sciences is organizing a program on 'Awareness Session on Drug Abuse' at Ishavasyam (Auditorium) on 18-12-2020.

The students of Mangala College of Para Medical Sciences are to attend the same accompanied by their respective class coordinators

  
Coordinator  
Anti ragging Cell

  
Principal  
PRINCIPAL  
Mangala College of Para Medical Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



## **ANTIRAGGING CELL**

### **Awareness Session on Drug Abuse by local Police station Vamanjoor in association with Lion's club Event Report**

**Date:19/12/2020**

An awareness talk on Drug abuse was organized by Anti Ragging Cell of Mangala College of Paramedical Sciences and NSS Unit on 18th December 2020 at Ishavasyam, Mangala Campus with an objective to mobilize support and inspire student to act against drug use. Students attended the session and pledged to develop new and improved strategies to prevent drug use and its consequences.

The Session was delivered by Vamanjoor police station staff in association with Lions Club.

The program was coordinated by Anti Ragging cell coordinator Mr. Prashanth and members Ms. Sonu, Mr. Lalu Krishna, Ms. Sabiya.

151 students enrolled to B.Sc. Allied Health Sciences programs and 200 students enrolled to Diploma have participated in the event.

The cell has conducted Anti Ragging Poster making competition for all students to generate awareness amongst students on the consequences of ragging and being ragged. Ten Students enthusiastically participated and conveyed their opinions and thoughts on ragging through their posters.







Mangala College of Paramedical Sciences  
Neermarga, Kalpane Road, Neermarga,  
Mangaluru, 575029 KA, India  
Lat 12.892818, Long 74.896816  
18/12/20 10:25AM GMT+05:30

<b>List of participants who attended anti ragging awareness session 2020-2021</b>			
<b>Sl. No</b>	<b>Name of the Candidate</b>	<b>Register Number</b>	<b>Program</b>
1	Abhiram Sahadev	20L0256	<b>First year Bachelor of Science in Medical Laboratory Technology</b>
2	Akshitha Bangera	20L0257	
3	Aneesa Rai	20L0258	
4	Anjay Krishna U R	20L0259	
5	Chaithra	20L0260	
6	Genden Lhamu	20L0261	
7	Jiby Francis	20L0262	
8	Karuna Elsa Abraham	20L0263	
9	Kavya	20L0264	
10	Mohith B G	20L0265	
11	Renita Figredo	20L0266	
12	Rokshitha	20L0267	
13	Thejaswi	20L0268	
14	Vaishnavi Chithranjaya	20L0269	
15	Vinya Dinesh Naik	20L0270	
16	Vismitha	20L0271	
17	Akshay	19L0288	<b>Second year Bachelor of Science in Medical Laboratory Technology</b>
18	Arpitha N A	19L0289	
19	Gayathri	19L0290	
20	Jahfar Sadhiq T A	19L0292	
21	Keerthi K	19L0293	
22	Poojashree	19L0296	
23	Rakshitha A	19L0298	
24	Ramyashree	19L0299	
25	Shreya	19L0300	
26	Swathi Tejashree	19L0301	
27	Vichetha	19L0302	
28	Vijeth S	19L0303	
29	Dishan Kumar R	20L0272	
30	Memjuklet Lytep	20L0273	
31	Shrikala	20L0274	
32	Sumithra	20L0275	
33	Hemanth K	18L1392	<b>Third year Bachelor of Science in Medical Laboratory Technology</b>
34	Muhammad Shahad T S	18L1396	
35	Musa Mansur	18L1398	
36	Suchithra M.S.	18L1402	
37	Sushmitha	18L1404	
38	Chandrakala M	19L0305	
39	Ajith R	20E0914	<b>First year Bachelor of Science in Medical Imaging Technology</b>
40	Alwin C A	20E0915	

41	Ansila K H	20E0916	
42	Lena Krishnan P	20E0917	
43	Ravi Shankrappa Talawar	20E0918	
44	Saudeen M	20E0919	
45	Soofi Faiz	20E0920	
46	Ahmed Siraz Hazbar N S	19E2741	<b>Second year Bachelor of Science in Medical Imaging Technology</b>
47	Aleena Maria Joseph	19E2742	
48	Bhavya	19E2743	
49	Muhammed Zameen	19E2746	
50	P S Ahamad Jawad	19E2747	
51	Ridapyntngen Wett	19E2748	
52	Roobiya Sherin	19E2750	
53	Shahala K	19E2751	
54	Suraij K P	19E2753	
55	Zaahir P S	19E2754	
56	Glen Joyson Fernandes	20E0921	
57	Gururaj	20E0922	
58	Jithesh	20E0923	
59	Mahammad Sinan	20E0924	
60	Mohammad Faizal	20E0925	
61	Sachin G	20E0926	
62	Abdul Rishan S M	18E1601	<b>Third year Bachelor of Science in Medical Imaging Technology</b>
63	Adwaith P V	18E1602	
64	Akhil M.S	18E1604	
65	Akshay Sankar N	18E1605	
66	Deekshith A B	18E1608	
67	Dhanya C H	18E1609	
68	Faiza Anjum	18E1611	
69	Hrithik T. P	18E1612	
70	Jeethesh	18E1614	
71	Sayoojya K K	18E1618	
72	Farzeena Jasmin P P	19E2755	
73	Adithya	20O0131	<b>First year Bachelor of Science in Optometry</b>
74	Apoorva	20O0132	
75	Prajna	20O0133	
76	Vijitha K Shetty	20O0134	
77	Akrathi	19O0241	<b>Second year Bachelor of Science in Optometry</b>
78	Niarka Shullai	19O0248	
79	Pratheeksha A	19O0249	
80	Shravya	19O0250	
81	Madhushree D N	20O0135	
82	Manasa	20O0136	
83	Salmanpasha	20O0137	

84	Shreenikamal	20O0138	<b>Third year Bachelor of Science in Optometry</b>
85	Soorya Kiran Shetty K	20O0139	
86	Yakshitha M	20O0140	
87	Awwa Manshiya	18O0454	
88	Sushmitha	18O0468	
89	Vranda K	18O0469	
90	Dhanyashree	20E2314	<b>First year Bachelor of Science in Renal Dialysis Technology</b>
91	Dinshid Dinesh K	20E2315	
92	Muhammad Fasal	20E2316	
93	Ramya	20E2317	
94	Shashank	20E2318	
95	Varsha K P	20E2319	
96	Vinutha	20E2320	
97	Yashwitha	20E2321	
98	Ashwini	19E1542	<b>Second year Bachelor of Science in Renal Dialysis Technology</b>
99	Johnson E S	19E1543	
100	Manisha	19E1544	
101	Mohammed Mubashir	19E1545	
102	Muhammed Thameem C H	19E1546	
103	Rachana	19E1547	
104	Aishwarya A Acharya	20E2322	
105	Hamiya Kowser	20E2323	
106	Roshini Chacko	20E2324	<b>Third year Bachelor of Science in Renal Dialysis Technology</b>
107	Anju P A	18E3264	
108	Jemcy George	18E3266	
109	Rakshitha B	18E3268	
110	Sneha D Raj	18E3269	
111	Sushmitha S	18E3270	
112	Lorena Reshma Dcosta	19E1549	<b>Second year Bachelor of Science in Anaesthesia Technology</b>
113	Anusha P	19E0831	
114	Sanidhya N Rai	19E0834	
115	Aitiris War	20E3691	
116	Delina D'Souza	20E3692	
117	Divya K	20E3693	
118	Hithesh Kumar	20E3694	
119	Hundukani Shylla	20E3695	
120	Mohammed Rahees	20E3696	
121	Vinay Kumar K	20E3697	
122	Mohammad	18E0435	<b>Third year Bachelor of Science in Anaesthesia Technology</b>
123	Mohan Prasad K S	18E0436	
124	Sangeetha	18E0438	
125	Unnimaya K	18E0440	
126	Kavyashree M	19E0835	

127	Aishwarya	19E0291	<b>Second year Bachelor of Science in Operation Theatre Technology</b>
128	Aswathy M R	19E0292	
129	Bisida Khongwet	19E0293	
130	K Chaithra	19E0294	
131	Shreyanka P S Achar	19E0296	
132	Aparna S Uchil	20E4676	
133	Bina Phawa	20E4677	
134	Pansngiat Khongmawloh	20E4678	
135	Smt Premika Lyngdoh	20E4679	
136	Abdul Rashid V V	18E2526	<b>Third year Bachelor of Science in Operation Theatre Technology</b>
137	Deepa	18E2529	
138	Jayashree	18E2531	
139	Nidhi S	18E2532	
140	Sinchana A S	18E2535	
141	Grahitha	19E0298	
142	Anitta Ann Rajan	20E3698	<b>First year Bachelor of Science in Anaesthesia and Operation Theatre Technology</b>
143	Bhavishya	20E3699	
144	Deitilin Diengdoh	20E3700	
145	Jagath Sai M	20E3701	
146	Lakshmimol V K	20E3702	
147	Sahla Mole P M	20E3703	
148	Sneha K P	20E3704	
149	Sonam Tsomu	20E3705	
150	Tina P J	20E3706	
151	Wanshwa Iakai	20E3707	



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Ref. No: MCPMS/IQAC/F16/526/2021

Date:27/01/2021

Subject: Pulse polio Vaccination Campaign

With reference to the above subject, the NSS unit of Mangala College of Paramedical sciences organizing Pulse polio Vaccination Campaign in association with Primary Health Centre, Neermarga on 31<sup>st</sup> January 2021 and field visit on 1<sup>st</sup> February 2021 at Saripalla, Mangalore. The NSS volunteers of Mangala College of Allied Health Sciences are requested to attend the programme.

  
NSS Programme Officer

  
Principal  
Mangala College of Para Medical Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



# MANGALA COLLEGE OF ALLIED HEALTH SCIENCES

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mangalapms2016@gmail.com

www.mangalacollege.org



## NATIONAL SERVICE PULSE POLIO VACCINATION CAMPAIGN EVENT REPORT

Date: 03.02.2021

**Date:** 31.01.2021 & 01.02.2021

**Venue:** Neermarga & Saripalla, Mangalore

**Organizer:** NSS Unit & Primary Health Center, Grama Panchayath Neermarga

**No. of Participants:** 15

### Report:

Pulse polio Vaccination Campaign was organized by NSS unit of Mangala College of Allied Health Sciences in association with Primary Health Centre, Neermarga on 31<sup>st</sup> January 2021 and field visit was conducted on 1<sup>st</sup> February 2021 at Saripalla, Mangalore. Approximately 260 children were vaccinated. NSS volunteers of Mangala College of Allied Health Sciences actively participated in the campaign on both the days.





**NSS Volunteers:**

<b>SL.NO.</b>	<b>NAME OF THE STUDENT</b>	<b>PROGRAMME</b>
1.	Keerthi K	IInd BSc. MLT
2.	Alwin C A	Ist BSc. MIT
3.	Shashank	Ist BSc. RDT
4.	Ajith R	Ist BSc. MIT
5.	Akshay	IInd BSc. MLT



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mangalapms2016@gmail.com [www.mangalacollege.org](http://www.mangalacollege.org)



Ref. No: MCPMS/IQAC/F16/516/2021

Date:18/01/2021

Subject: National Voters' Day.

The NSS unit of Mangala College of Paramedical Sciences is organizing an awareness talk and pledge for "National Voter's Day" on 25 January 2021.

With reference to the above subject, all the staff and students are requested to gather at Room No.83, third floor on 25 January 2021 at 11:00 AM.

  
NSS Coordinator

  
Principal  
PRINCIPAL  
Mangala College of Para Medical Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



**NATIONAL SERVICE SCHEME  
NATIONAL VOTERS' DAY- 2021  
EVENT REPORT**

Date: 27 January 2021

**Date:**25 January 2021

**Venue:** Room No.83, third floor

**No. of Participants:**28

**Report:**

NSS unit of Mangala College of Paramedical Sciences conducted Voters' Day pledge and awareness of voting on 25 January 2021.

Awareness talk was delivered by NSS program officer Mr. Lalukrishnan. 28 students of Mangala College of Allied Health Sciences participated in the program.



## Participants List

Program	Sl. No	Name of the Candidate	Register Number
<b>III B.Sc. Medical Laboratory Technology</b>	1.	Hemanth K	18L1392
	2.	Muhammad Shahad T S	18L1396
	3.	Musa Mansur	18L1398
	4.	Chandrakala M	19L0305
	5.	Adwaith P V	18E1602
	6.	Akhil M.S	18E1604
	7.	Akshay Sankar N	18E1605
	8.	Faiza Anjum	18E1611
	9.	Jeethesh	18E1614
	10.	Sayoojya K K	18E1618
<b>III B.Sc. Optometry</b>	11.	Awwa Manshiya	18O0454
	12.	Sushmitha	18O0468
	13.	Vranda K	18O0469
<b>III B.Sc. Renal Dialysis Technology</b>	14.	Anju P A	18E3264
	15.	Jemcy George	18E3266
	16.	Rakshitha B	18E3268
	17.	Sneha D Raj	18E3269
	18.	Sushmitha S	18E3270
	19.	Lorena Reshma Dcosta	19E1549
<b>III B.Sc. Anaesthesia &amp; Operation Theatre Technology</b>	20.	Mohammad	18E0435
	21.	Sangeetha	18E0438
	22.	Unnimaya K	18E0440
	23.	Kavyashree M	19E0835
	24.	Abdul Rashid V V	18E2526
	25.	Deepa	18E2529
	26.	Jayashree	18E2531
	27.	Nidhi S	18E2532
	28.	Grahitha	19E0298



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mangalapms2016@gmail.com www.mangalacollege.org



Ref. No: MCPMS/IQAC/F11/531/2021

Date: 02 March 2021

Subject: Cyber Safe Campus program.

On account of International Women Day, Women Cell of Mangala College of Para Medical Sciences is organizing a session on Cyber Safety.

With reference to the above subject, all the students and teaching faculty of Mangala College of Para Medical Sciences are expected to assemble at Ishavasyam (Auditorium) on 09 March 2021 for the Cyber Safe Campus program organized by Women Cell.

Coordinator  
Women Cell

PRINCIPAL

Mangala College of Para Medical Sciences  
Vidyanagar P.O. Pedamale  
Neermarga, MANGALORE - 575 029



Date: 10 March 2021

## **Women Cell Session on “Cyber Safe Campus”**

Date: 09 March 2021

Venue: Ishavasyam

No of Participants: 434

On account of International Women's Day, an awareness session on “Cyber Safe Campus” was organized by women cell in association with Arts club and NSS unit at Ishavasyam auditorium on 9<sup>th</sup> March 2021.

The program was organized to educate the students about cyber security and promote safe online behavior.

Dr Ananth Prabhu G, Professor at Sahyadri College of Engineering and Management was the resource person for this session.

106 students enrolled to B.Sc. programs and 268 students enrolled to diploma courses participated in the event and got the knowledge and skills they need to stay safe in online environment.



Venue: Ishavasyam

Event name: Cyber safe campus

Date & Time: 09/03/2021 & 10:16 AM

Location: Mangala college of Paramedical Sciences



Venue: Ishavasyam

Event Name: Cyber Safe Campus

Date & Time: 09/03/2021 & 11:15 AM

Location: Mangala College of Para Medical Sciences

**Women Cell**  
**A Session on 'Cyber Safe Campus' (09-03-2021)**  
**Participants List**


Program	Year	Sl. No	Name of the Candidate	Register Number	Signature
B.Sc. MLT	I	1.	Abhiram Sahadev		Abhi
		2.	Akshitha Bangera		Ab
		3.	Aneesa Rai		Aneesa Rai
		4.	Anjay Krishna U R		Anjay
		5.	Chaithra		christha
		6.	Genden Lhamu		Genden
		7.	Jiby Francis		Jiby
		8.	Karuna Elsa Abraham		Ab
		9.	Kavya		Kavya
		10.	Mohith B G		Mohith
		11.	Renita Figredo		Renita
		12.	Rakshitha		Ab
		13.	Thejaswi		Thejaswi
		14.	Vaishnavi Chithranjaya		Ab
		15.	Vinya Dinesh Naik		Vinya
		16.	Vismitha		Vismitha
	II	17.	Akshay	19L0288	Akshay
		18.	Arpitha N A	19L0289	Arpitha
		19.	Gayathri	19L0290	Gayathri
		20.	Jahfar Sadhiq T A	19L0292	Jahfar
		21.	Keerthi K	19L0293	Ab
		22.	Poojashree	19L0296	Poojashree
		23.	Rakshitha A	19L0298	Rakshitha
		24.	Ramyashree	19L0299	Ab
		25.	Shreya	19L0300	Shreya
		26.	Swathi Tejashree	19L0301	Swathi
		27.	Vichetha	19L0302	Vichetha
		28.	Vijeth S	19L0303	Vijeth
		29.	Dishan Kumar R		Dishan
		30.	Memjuklet Lytep		Memjuklet
		31.	Shrikala		Ab
		32.	Sumithra		Sumithra
	III	33.	Hemanth K	18L1392	Hemanth
		34.	Muhammad Shahad T S	18L1396	Ab
		35.	Musa Mansur	18L1398	Musa
		36.	Suchithra M.S.	18L1402	Suchithra
		37.	Suchmitha	18L1404	Suchmitha
		38.	Chandrakala M	19L0305	Chandra
B.Sc. MIT		39.	Ajith R		Ab
		40.	Alwin C A		Alwin
		41.	Ansila K H		Ansila

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	I	42.	Lena Krishnan P		Lena Krishnan
		43.	Ravi Shankrappa Talawar		Ab
		44.	Saudeen M		Ab
		45.	Sooti Faiz		Sooti
	II	46.	Ahmed Siraz Hazbar N S	19E2741	Siraz
		47.	Aleena Maria Joseph	19E2742	Aleena
		48.	Bhavya	19E2743	Bhavya
		49.	Muhammed Zameen	19E2746	Zameen
		50.	P S Ahamad Jawad	19E2747	Jawad
		51.	Ridapynntngen Wett	19E2748	Ridapynntngen Wett
		52.	Roobiya Sherin	19E2750	Sherin
		53.	Shahala K	19E2751	Shahala
		54.	Suraij K P	19E2753	Suraij
		55.	Zaahir P S	19E2754	Ab
		56.	Glen Joyson Fernandes		Glen
		57.	Gururaj		Gururaj
		58.	Jithesh		Jithesh
		59.	Mahammad Sinan		Sinan
		60.	Mohammad Faizal		Ab
		61.	Sachin G		Sachin
	III	62.	Abdul Rishan S M	18E1601	Ab
		63.	Adwaith P V	18E1602	Adwaith
		64.	Akhil M.S	18E1604	Ab
		65.	Akshay Sankar N	18E1605	Akshay
		66.	Deekshith A B	18E1608	Deekshith
		67.	Dhanya C H	18E1609	Dhanya
		68.	Faiza Anjum	18E1611	Faiza
		69.	Hrithik T. P	18E1612	Hrithik
		70.	Jeethesh	18E1614	Jeethesh
		71.	Sayoojya K K	18E1618	Sayoojya
		72.	Farzeena Jasmin P P	19E2755	Ab
B.Sc. Optometry	I	73.	Adithya		Adi
		74.	Apoorva		Apoorva
		75.	Prajna		Ab
		76.	Vijitha K Shetty		Vijitha
	II	77.	Akrathi	19O0241	Akrathi
		78.	Niarka Shullai	19O0248	Niarka
		79.	Pratheeksha A	19O0249	Ab
		80.	Shravya	19O0250	Shravya
		81.	Madhushree D N		Madhushree
		82.	Manasa		Ab
		83.	Salmanpasha		Salmanpasha
		84.	Shreenikamal		Shreenikamal
		85.	Soorya Kiran Shetty K		Ab
		86.	Yakshitha M		Yakshitha
	III	87.	Awwa Manshiya	18O0454	Ab
		88.	Sushmitha	18O0468	Ab
		89.	Vranda K	18O0469	Ab

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B.Sc. RDT	I	90.	Dhanyashree		Dhanyashree
		91.	Dinshid Dinesh K		Dinshid
		92.	Muhammad Fasal		Ab
		93.	Ramya		Ramya
		94.	Shashank		Ab
		95.	Varsha K P		Varsha
		96.	Vinutha		Vinutha
		97.	Yashwitha		Yash.
	II	98.	Ashwini	19E1542	Ab
		99.	Johnson E S	19E1543	Johnson
		100.	Manisha	19E1544	Manisha
		101.	Mohammed Mubashir	19E1545	Mohammed
		102.	Muhammed Thameem C H	19E1546	Thameem
		103.	Rachana	19E1547	Rachana
		104.	Aishwarya A Acharya		Aishwarya
B.Sc. AT	III	105.	Hamiya Kowser		Ab
		106.	Roshini Chacko		Roshini
		107.	Anju P A	18E3264	Ab
		108.	Jemcy George	18E3266	Jemcy
		109.	Rakshitha B	18E3268	Rakshitha B.
		110.	Sneha D Raj	18E3269	Sneha
		111.	Sushmitha S	18E3270	Sushmitha
		112.	Lorena Reshma Dcosta	19E1549	Lorena
	II	113.	Anusha P	19E0831	Ab
		114.	Sanidhya N Rai	19E0834	Sanidhya
		115.	Aitiris War		Aitiris
		116.	Delina D'Souza		Delina D'Souza
		117.	Divya K		Divya
		118.	Hithesh Kumar		Hithesh Kumar
		119.	Hundukani Shylla		Hundukani
B.Sc. OTT	III	120.	Mohammed Rahees		M Rahees
		121.	Vinay Kumar K		Ab
		122.	Mohammad	18E0435	Mohammad
		123.	Mohan Prasad K S	18E0436	M Prasad
		124.	Sangeetha	18E0438	Sangeetha
		125.	Unnimaya K	18E0440	Unnimaya
		126.	Kavyashree M	19E0835	Ab
	II	127.	Aishwarya	19E0291	Aishwarya
		128.	Aswathy M R	19E0292	Aswathy
		129.	Bisida Khongwet	19E0293	Bisida
		130.	K Chaithra	19E0294	Chaithra
		131.	Shreyanka P S Achar	19E0296	Ab
		132.	Aparna S Uchil		Aparna
		133.	Bina Phawa		Bina Phawa
B.Sc. OTT	III	134.	Pansngiat Khongmawloh		Pansngiat
		135.	Smt Premika Lyngdoh		Smt Premika
		136.	Abdul Rashid V V	18E2526	Ab
		137.	Deepa	18E2529	Ab


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B.Sc. A&OTT	I	138.	Jayashree	18E2531	Ab
		139.	Nidhi S	18E2532	Ab
		140.	Sinchana A S	18E2535	Ab
		141.	Grahitha	19E0298	Ab
		142.	Anitta Ann Rajan		Anitta
		143.	Bhavishya		Ab
		144.	Deitilin Diengdoh		Deitilin
		145.	Jagath Sai M		Jagath
		146.	Lakshmimol V K		Lak
		147.	Sahla Mole P M		Sahla
		148.	Sneha K P		Sneha
		149.	Sonam Tsomu		Sonam
		150.	Tina P J		Ab
		151.	Wanshwa lakai		Ab

  
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**MANGALA COLLEGE OF ALLIED HEALTH SCIENCES**  
(Approved by Govt. of Karnataka, affiliated to Rajiv Gandhi University of Health Sciences, Karnataka)  
(A Unit of Mangala Charitable Trust ®)  
Vidyanagar, P.O. Pedamale, Neermarga Road, Mangaluru - 575 029. Ph: 0824-2272276/77  
mangalapms2016@gmail.com [www.mangalacollege.org](http://www.mangalacollege.org)



Ref. No: MCAHS/IQAC/F16/594/2021

Date:27/10/2021

Subject: Blood Donation Camp

With reference to the above subject, the NSS unit of Mangala College of Allied Health Sciences is organizing a Blood Donation Camp on 01.10.2021 at 10am in Government Ladygoschen Hospital, Mangalore. Staffs and Students who are willing to donate blood must register your names through the NSS coordinator. Bus facility will be provided from the college at 9am.

NSS Programme Officer

Principal

**PRINCIPAL**  
Mangala College of Allied Health Sciences  
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## NATIONAL SERVICE SCHEME BLOOD DONATION CAMP – 2021 EVENT REPORT

Date: 02.10.2021

**Date:** 01.10.2021

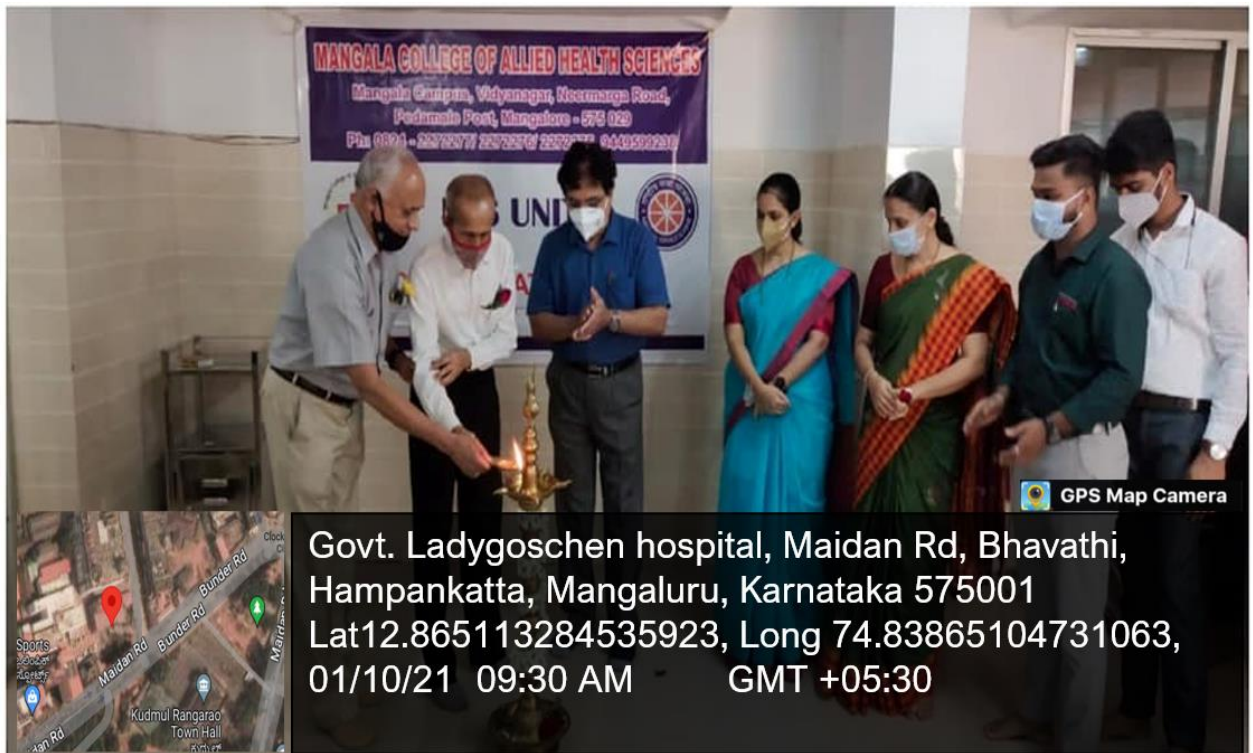
**Venue:** Government Ladygoschen Hospital, Mangalore

**Organizer:** NSS Unit

**No. of Participants:** 112

### Report:

The NSS unit of Mangala College of Allied Health Sciences organized a blood donation camp on 1<sup>st</sup> October 2021 in association with Indian Red Cross Society and Lady Goschen Blood Bank, Mangalore. Mr. S A Prabhakar Sharma, Honorary Secretary, IRCS, DK, and Dr. Ganapathi P, chairman, Mangala Group of Educational Institutions inaugurated the camp. Dr. J N Bhat, Medical officer, Prof. Pratijna Suhasini, Principal, Mrs. Geethalakshmi, Vice principal and Mr. Lalu krishna, NSS program officer were present. A total of 85 volunteers donated blood.









**NSS Volunteers:**

SL.NO.	NAME OF THE STUDENT	PROGRAMME
1.	Chaithra	Ist BSc. MLT
2.	Heera	Ist BSc. MLT
3.	Kesang Tsom	Ist BSc. MLT
4.	Lekha P H	Ist BSc. MLT
5.	Pallavi Chandrakant Naik	Ist BSc. MLT
6.	Shahana M	Ist BSc. MLT
7.	Akshitha Bangera	IInd BSc. MLT
8.	Vismitha	IInd BSc. MLT
9.	Chandan S	Ist BSc. MIT
10.	Rakshith G. S	Ist BSc. MIT
11.	Reshmi R	Ist BSc. MIT

12.	Ajith R	IInd BSc. MIT
13.	Bhaveeksha	Ist BSc.Optometry
14.	Chaithanya K. M	Ist BSc.Optometry
15.	Nidhi N Stevens	Ist BSc.Optometry
16.	Pooja K Bangera	Ist BSc.Optometry
17.	Sredha M P	Ist BSc. RDT
18.	Vaseela K	Ist BSc. RDT
19.	Anand M.S.	Ist BSc. A&OTT
20.	Ashwitha K	Ist BSc. A&OTT
21.	Anitta Ann Rajan	IInd BSc. A&OTT
22.	Bhavishya	IInd BSc. A&OTT



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Ref. No: MCAHS/IQAC/F11/599/2021

Date: 04/11/2021

Subject: Session on increasing confidence and negotiation during menstruation.

With reference to the above subject, Women Cell of Mangala College of Allied Health Sciences is organizing an interactive program "Always be a free bird with your periods" at Ishavasyam (auditorium), fifth floor, Mangala College of Allied Health Sciences on 11/11/2021. Ms. Usha Rani will be the resource person for the program.

The female students and staff of Mangala College of Allied Health Sciences are expected to participate in the event.

Coordinator  
Women Cell

PRINCIPAL

Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale,  
Neermarga Road, Mangaluru - 575 029



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Date: 12 November 2021

## Women Cell Always Be a Free Bird with Your Periods

Date: 11 November 2021

Venue: Ishavasyam

No of participants: 47

Women Cell of Mangala College of Allied Health Sciences organized a talk on “Always be a free bird with your periods” to impart knowledge of good sanitary habits during the menstrual period.



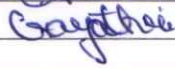
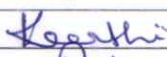
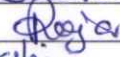
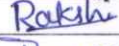
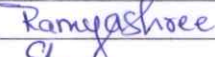

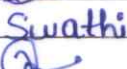

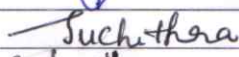
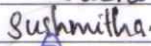


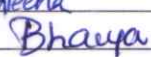



Ms. Usha Rani was the resource person for the event, she interacted with students and helped adolescent girls to strengthen confidence and negotiation skills during their menstruation.



## Women Cell

**A Talk on 'Always be a Free bird with your Periods' (11-11-2021)**

### Participants List

Program	Sl. No	Name of the Candidate	Register Number	Signature
II B.Sc. MLT	1.	Akshay	19L0288	
	2.	Aarshitha N A	19L0289	
	3.	Gayathri	19L0290	
	4.	Jahfar Sadhiq T A	19L0292	
	5.	Keerthi K	19L0293	
	6.	Poojashree	19L0296	
	7.	Rakshitha A	19L0298	
	8.	Ramyashree	19L0299	
	9.	Shreya	19L0300	
	10.	Swathi Tejashree	19L0301	
	11.	Vichetha	19L0302	
	12.	Vijeth S	19L0303	
	13.	Dishan Kumar R		
	14.	Memjuklet Lytep		
	15.	Shrikala		
	16.	Sumithra		
III B.Sc. MLT	17.	Hemanth K	18L1392	
	18.	Muhammad Shahad T S	18L1396	
	19.	Musa Mansur	18L1398	
	20.	Suchithra M.S.	18L1402	
	21.	Sushmitha	18L1404	
	22.	Chandrakala M	19L0305	
II B.Sc. MIT	23.	Ahmed Siraz Hazbar N S	19E2741	
	24.	Aleena Maria Joseph	19E2742	
	25.	Bhavya	19E2743	
	26.	Muhammed Zameen	19E2746	
	27.	P S Ahamad Jawad	19E2747	
	28.	Ridapyntngen Wett	19E2748	
	29.	Roobiya Sherin	19E2750	
	30.	Shahala K	19E2751	
	31.	Suraij K P	19E2753	
	32.	Zaahir P S	19E2754	
	33.	Glen Joyson Fernandes		
	34.	Gururaj		
	35.	Jithesh		
	36.	Mahammad Sinan		
	37.	Mohammad Faizal		
	38.	Sachin G		
III B.Sc. MIT	39.	Abdul Rishan S M	18E1601	
	40.	Adwaith P V	18E1602	
	41.	Akhil M.S	18E1604	

  
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	42.	Akshay Sankar N	18E1605	
	43.	Deekshith A B	18E1608	
	44.	Dhanya C H	18E1609	<u>Dhanya</u>
	45.	Faiza Anjum	18E1611	<u>Faiza</u>
	46.	Hrithik T. P	18E1612	
	47.	Jeethesh	18E1614	
	48.	Sayoojya K K	18E1618	<u>Sayoojya</u>
	49.	Farzeena Jasmin P P	19E2755	<u>Farzeena</u>
II B.Sc. Optometry	50.	Akrathi	19O0241	
	51.	Niarka Shullai	19O0248	
	52.	Pratheeksha A	19O0249	<u>Pratheeksha</u>
	53.	Shravya	19O0250	
	54.	Madhushree D N		<u>Madhushree</u>
	55.	Manasa		
	56.	Salmanpasha		
	57.	Shreenikamal		
	58.	Soorya Kiran Shetty K		
	59.	Yakshitha M		
III B.Sc. Optometry	60.	Awwa Manshiya	18O0454	<u>Awwa</u>
	61.	Sushmitha	18O0468	<u>Sushmitha</u>
	62.	Vranda K	18O0469	<u>Vranda</u>
II B.Sc. RDT	63.	Ashwini	19E1542	<u>Ashwini</u>
	64.	Johnson E S	19E1543	
	65.	Manisha	19E1544	<u>Manisha</u>
	66.	Mohammed Mubashir	19E1545	
	67.	Muhammed Thameem C H	19E1546	
	68.	Rachana	19E1547	<u>Rachana</u>
	69.	Aishwarya A Acharya		
	70.	Hamiya Kowser		
	71.	Roshini Chacko		
III B.Sc. RDT	72.	Anju P A	18E3264	
	73.	Jemcy George	18E3266	
	74.	Rakshitha B	18E3268	<u>Rakshitha B</u>
	75.	Sneha D Raj	18E3269	<u>Sneha</u>
	76.	Sushmitha S	18E3270	<u>Sushmitha</u>
	77.	Lorena Reshma Dcosta	19E1549	
II B.Sc. AT	78.	Anusha P	19E0831	<u>Anusha</u>
	79.	Sanidhya N Rai	19E0834	<u>Sanidhya</u>
	80.	Aitiris War		
	81.	Delina D'Souza		
	82.	Divya K		
	83.	Hithesh Kumar		
	84.	Hundukani Shyila		
	85.	Mohammed Rahees		
	86.	Vinay Kumar K		
III B.Sc. AT	87.	Mohammad	18E0435	
	88.	Mohan Prasad K S	18E0436	


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	89.	Sangeetha	18E0438	Sangu
	90.	Unnimaya K	18E0440	
	91.	Kavyashree M	19E0835	Kavya
II B.Sc. OTT	92.	Aishwarya	19E0291	Ashya
	93.	Aswathy M R	19E0292	Aswathy
	94.	Bisida Khongwet	19E0293	Biside
	95.	K Chaithra	19E0294	Chaithra
	96.	Shreyanka P S Achar	19E0296	
	97.	Aparna S Uchil		
	98.	Bina Phawa		
	99.	Pansngiat Khongmawloh		
	100.	Smt Premika Lyngdoh		
	101.	Abdul Rashid V V	18E2526	
III B.Sc. OTT	102.	Deepa	18E2529	Deepa
	103.	Jayashree	18E2531	
	104.	Nidhi S	18E2532	Nidhi
	105.	Sinchana A S	18E2535	
	106.	Grahitha	19E0298	Grahitha

  
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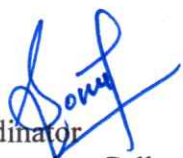
Ref. No: MCAHS/IQAC/F8/613/2021

Date: 16/12/2021

Sub: Ragging is a Menace. Session on anti-ragging awareness.

Anti-ragging cell of Mangala College of Allied Health Sciences will be organizing a session on anti-ragging awareness program called "*Ragging a Menace*". The event is scheduled to be conducted on 23 December 2021 at Ishavasyam, College Auditorium.

All the students of Mangala College of Allied Health Sciences and Mangala College of Para Medical Sciences are expected to be present and participate in the session.

  
Coordinator  
Anti-ragging Cell

  
Principal

**PRINCIPAL**

Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



# MANGALA COLLEGE OF ALLIED HEALTH SCIENCES

(Approved by Govt. of Karnataka, affiliated to Rajiv Gandhi University of Health Sciences, Karnataka)  
(A Unit of Mangala Charitable Trust ®)

Vidyanagar, P.O. Pedamale, Neermarga Road, Mangaluru - 575 029. Ph: 0824-2272276/77

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## ANTIRAGGING CELL

### Session on Anti Ragging awareness - “Ragging is a Menace”

Date: 28/12/2021

**Date:** 23 December 2021

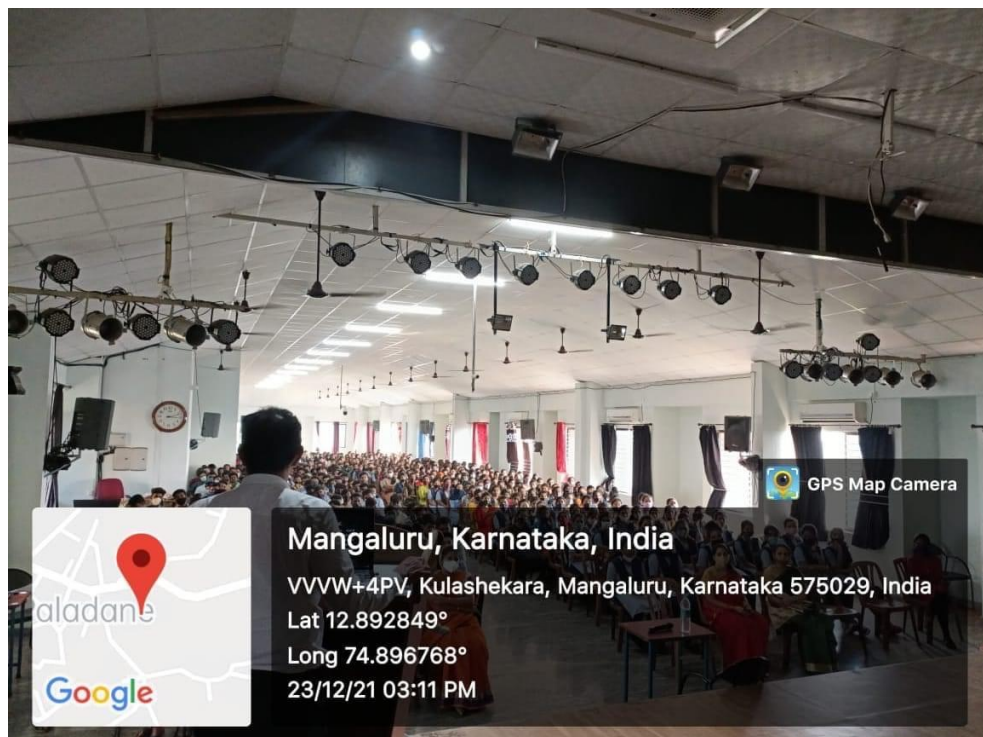
**Venue:** Ishavasyam Mangala Campus

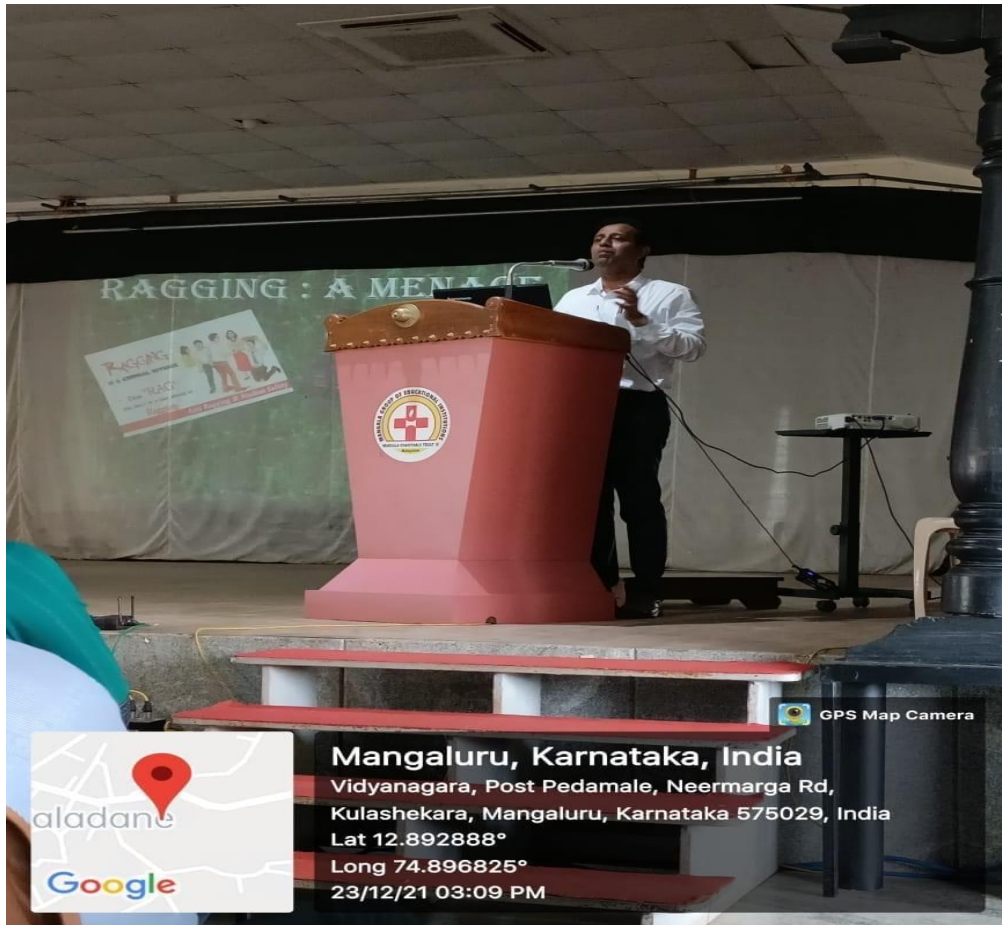
**Total Number of Participants:** 175

Anti-Ragging Cell, Mangala College of Allied Health Sciences organized a talk on “Ragging is a Menace” at Ishavasyam. The speaker of the day was Advocate Nikesh Shetty. The talk was organized with an objective to curb the menace of ragging in college. The session was moderated by Anti Ragging cell coordinator Ms. Sonu A S and its members Mr. Navish Kumar and Ms. Sabiya.

The objective was to make the students aware about the legal consequences of ragging and give awareness regarding the punishments for ragging under the law. Students were also informed of their part and the role they should play in approaching the concerned personnel in case they face any instances of ragging.

175 students attended the session and got an imprint of how ragging is a crime and may land them in legal convicts. The students also pledged not to indulge in such activities.





**ANTI RAGGING CELL**  
**LIST OF PARTICIPANTS**  
**2021-2022**

S.NO	NAME OF THE STUDENT	REGISTRATION NUMBER	PROGRAM
1	Jhonson E S	19E1543	<b>Third year Bachelor of Science in Renal Dialysis Technology</b>
2	Ashwini	19E1542	
3	Manisha	19E1544	
4	Muhammed Thameem C H	19E1546	
5	Rachana	19E1547	
6	Aishwarya A Acharya	20E2322	
7	Dhanyashree	20E2314	<b>Second year Bachelor of Science in Renal Dialysis Technology</b>
8	Varsha K P	20E2319	
9	Vinutha	20E2320	
10	Meghana M B	21E8123	
11	Sachin	21E8124	
12	Sagar	21E8125	
13	Drishya Dineshan	21E8115	<b>First year Bachelor of Science in Renal Dialysis Technology</b>
14	Muhammed Farhan	21E8116	
15	Prthyusha	21E8117	
16	Sandra K	21E8118	
17	Sanjana G R	21E8119	
18	Sparsha A	21E8120	
19	Sredha M P	21E8121	
20	Vaseela K	21E8122	
21	Aishwarya	19E0291	<b>Third year Bachelor of Science in Operation Theatre Technology</b>
22	Aswathy M R	19E0292	
23	Bisida Khongwet	19E0293	
24	K Chaithra	19E0294	
25	Shreyanka P S Achar	19E0296	
26	Aprana	20E4676	
27	Pansngiat Khongmawloh	20E4678	
28	Anusha P	19E0831	<b>Third year Bachelor of Science in Anaesthesia Technology</b>
29	Sanidhya N Rai	19E0834	
30	Delina Dsouza	20E3692	
31	Divya K	20E3693	
32	Hithesh Kumar	20E3694	
33	Mohammed Rahees	20E3697	
34	Anitta Ann Rajan	20E3698	<b>Second year Bachelor of Science in Anaesthesia and Operation Theatre</b>
35	Bhavishya	20E3699	
36	Deitilin Diengdoh	20E3700	
37	Laxmi Mol V K	20E3702	
38	Shahla Mole P M	20E3703	
39	Sonam Tsomu	20E3705	

40	Wanshwa Iakai	20E3707	<b>Technology</b>
41	Adish	21E1470	
42	Akshay Uday Kumar	21E1471	
43	Akshitha	21E1472	
44	Anusha M	21E1473	
45	Guru Harikantra	21E1474	
46	Jetheesh C Shetty	21E1475	
47	Raksha	21E1476	
48	Rashmi	21E1477	
49	Sanhulla P C	21E1478	
50	Suneeta	21E1479	
51	Umesha L K	21E1480	
52	Vanitha	21E1481	<b>First year Bachelor of Science in Anaesthesia and Operation Theatre Technology</b>
53	Abhijith N S	21E1453	
54	Adithya G K Kottary	21E1454	
55	Anand M S	21E1455	
56	Ashwitha K	21E1456	
57	Fahma Musthafa	21E1457	
58	Fasna K N	21E1458	
59	Harinandana R Babu	21E1459	
60	Hemalatha	21E1460	
61	Karthik	21E1461	
62	Khadeejath Nabeela	21E1462	
63	Mohammad Hasheem F	21E1463	
64	Muthura	21E1464	
65	Panchami B Suvarna	21E1465	
66	Rahul	21E1466	
67	Raksha	21E1467	
68	Swathi M Amin	21E1468	
69	Thrupthi Pandit	21E1469	
70	Madhushree D N	20O0135	<b>Third year Bachelor of Science in Optometry</b>
71	Yakshitha M	20O0140	
72	Prajna	20O0133	<b>Second year Bachelor of Science in Optometry</b>
73	Vijitha K Shetty	20O0134	
74	Akshatha	21O0509	
75	Ashwath Nachappa N C	21O0510	
76	Chetanagoud Goudappagoudr	21O0511	
77	Joylyn Preema Dsouza	21O0512	
78	Kavya	21O0513	
79	Kmenlang Warjri	21O0514	
80	Krishma Janitha Dsouza	21O0515	
81	Navyashree N	21O0516	
82	Philomin Dsouza	21O0517	
83	Soujanya Rai B S	21O0518	
84	Bhaviksha	21O0495	<b>First year</b>

85	Chaithnaya K M	21O0496	<b>Bachelor of Science in Optometry</b>
86	Chaitra K N	21O0497	
87	Deitilang Khonglam	21O0498	
88	Divya Jyothi	21O0499	
89	Dorjee Drema	21O0500	
90	Giri Prasad C	21O0501	
91	Havya C P	21O0502	
92	Manohari	21O0503	
93	Nidhi N Stevens	21O0504	
94	Pooja K Bangera	21O0505	
95	Rithesh Kumar G	21O0506	
96	Sukshitha	21O0507	
97	Thaodem Sanatombi Devi	21O0508	
98	Akshay	19L0288	<b>Third year Bachelor of Science in Medical Laboratory Technology</b>
99	Arpitha N A	19L0289	
100	Gayathri	19L0290	
101	Jhafar Sadhiq T A	19L0292	
102	Keerthi K	19L0293	
103	Poojashree	19L0296	
104	Rakshitha A	19L0298	
105	Ramyashree	19L0299	
106	Shreya	19L0300	
107	Swathi Tejashree	19L0301	
108	Vichetha	19L0302	
109	Vijeth S	19L0303	
110	Memjuklet Lytep	20L0273	<b>Second year Bachelor of Science in Medical Laboratory Technology</b>
111	Shrikala	20L0274	
112	Sumithra	20L0275	
113	Akshitha Bangera	20L0257	
114	Jiby Francis	20L0262	
115	Renita Figredo	20L0266	
116	Rokshitha	20L0267	
117	Vismitha	20L0271	
118	Ashwija	21L0440	
119	Harshith C H	21L0441	
120	Jeswin Dsouza	21L0442	
121	Kavya R Nayak	21L0443	
122	Rajesha B	21L0444	
123	Sumith	21L0445	<b>First year Bachelor of Science in Medical Laboratory Technology</b>
124	Chaithra	21L0424	
125	Chaitra Salian	21L0425	
126	Deeksha	21L0426	
127	Fathimath Ramseena	21L0427	
128	Heera	21L0428	
129	Karthik K N	21L0429	
130	Kesang Tsom	21L0430	
131	Lekha P H	21L0431	

132	Navya Kumari	21L0432	
133	Pallavi Chandrakant Naik	21L0433	
134	Shahana M	21L0434	
135	Shyamjith K	21L0435	
136	Sujan	21L0436	
137	Sushma	21L0437	
138	Swathi M	21L0438	
139	Vandana T M	21L0439	<b>Third year Bachelor of Science in Medical Imaging Technology</b>
140	Bhavya	19E2743	
141	Ridapyntngen Wett	19E2748	
142	Rubiya Sherin	19E2750	
143	Shahala K	19E2751	
144	Glen Joyson Fernandes	20E0921	
145	Sachin G	20E0926	<b>Second year Bachelor of Science in Medical Imaging Technology</b>
146	Ajith R	20E0914	
147	Ansila K H	20E0916	
148	Lena Krishnan P	20E0917	
149	Bhavyashree	21E3984	
150	Kavana S Shetty	21E3985	
151	Meghana	21E3986	
152	Mohammed Praveez	21E3987	
153	Neesha	21E3988	
154	Rickson Glen Figreda	21E3989	
155	Shreeja K	21E3990	
156	Sushanth	21E3991	
157	Vaibhav	21E3992	<b>First year Bachelor of Science in Medical Imaging Technology</b>
158	Abinsha S	21E3966	
159	Aishwarya E K	21E3967	
160	Chandhan S	21E3968	
161	Dhanush Uday Naik	21E3969	
162	Hafsath A M	21E3970	
163	Mohammed Askar	21E3971	
164	Mohammed Jawad	21E3972	
165	Morvin Rebello	21E3973	
166	Muhammed Nashid Koladathil	21E3974	
167	Nannu Ashfiya Anjum	21E3975	
168	Omkar Nagaraj Naik	21E3976	
169	Raskshith G S	21E3977	
170	Reshmi R	21E3978	
171	Rithika V P	21E3979	
172	Sakshi Shetty	21E3980	
173	Tenzin Gyatso	21E3981	
174	Tenzin Pedon Kee	21E3982	
175	Vruddhi B H	21E3983	



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Ref. No: MCAHS/IQAC/F16/618-1/2022

Date:28/01/2022

Subject: Blood Donation Camp

With reference to the above subject, the NSS unit of Mangala College of Allied Health Sciences in association with KMC blood center, Jyothi circle, Mangalore, organizing a Blood Donation Camp on 03/02/2022 at college campus. The students and staff are requested to attend the programme. Students who are willing to donate blood must register their name through NSS coordinator.

  
NSS Programme Officer

  
Principal

**PRINCIPAL**  
Mangala College of Allied Health Sciences  
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Neermarga, MANGALORE - 575 029



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## NATIONAL SERVICE SCHEME BLOOD DONATION CAMP – 2022 EVENT REPORT

Date: 04.02.2022

**Date:** 03.02.2022

**Venue:** Mangala College of Allied Health Sciences

**Organizer:** NSS Unit

**No. of Participants:** 119

**Report:**

NSS unit of Mangala College of Allied Health Sciences Mangalore, conducted blood donation camp in association with KMC blood center, Jyothi circle, Mangalore, on 03/02/2022. Camp Inaugurated by honorable Chairman Dr. Ganapathi P, Camp addressed by Mr. Bhaskar (Ex. mayor & Ex. Corporator, Mangalore city corporation), Mrs. Dhanavanthi Venugopal (President Neermarga grama panchayath). On this occasion 103 students and staff voluntarily donated blood.





**Mangala College of Allied Health Sciences**  
 Neermarga, Kalpane Road, Neermarga, Mangaluru,  
 575029 KA, India  
 Lat 12.892818, Long 74.896816  
 03/02/22 09:30 AM GMT +05:30

GPS Map Camera



**Mangala College of Allied Health Sciences**



**NSS**



**BLOOD DONATION CAMP-22**

**03.02.2022, 9:30AM**  
**Mangala College of Allied Health Sciences**

**"Donating blood is an act of solidarity.**

**Let's ensure that blood reaches to those who needs it.**

CONTACT:

**+91 7356942007**

**NSS Volunteers:**

<b>SL.NO.</b>	<b>NAME OF THE STUDENT</b>	<b>PROGRAMME</b>
1.	Chaithra	Ist BSc. MLT
2.	Chaitra Salian	Ist BSc. MLT
3.	Fathimath Ramseena	Ist BSc. MLT
4.	Heera	Ist BSc. MLT
5.	Karthik K N	Ist BSc. MLT
6.	Pallavi Chandrakant Naik	Ist BSc. MLT
7.	Shyamjith K	Ist BSc. MLT
8.	Akshitha Bangera	IInd BSc. MLT
9.	Renita Figredo	IInd BSc. MLT
10.	Vismitha	IInd BSc. MLT
11.	Morvin Rebello	Ist BSc. MIT
12.	Muhammed Nashid Koladathil	Ist BSc. MIT
13.	Rakshith G. S	Ist BSc. MIT
14.	Reshmi R	Ist BSc. MIT
15.	Chaithra K.M	Ist BSc.Optometry
16.	Deitilang Khonglam	Ist BSc.Optometry
17.	Manohari	Ist BSc.Optometry
18.	Nidhi N Stevens	Ist BSc.Optometry
19.	Prathyusha	Ist BSc. RDT
20.	Sandra K	Ist BSc. RDT
21.	Sanjana G R	Ist BSc. RDT
22.	Adithya G.K. Kottary	Ist BSc. A&OTT
23.	Anand M.S.	Ist BSc. A&OTT
24.	Bhavishya	IInd BSc. A&OTT
25.	Sahla Mole P M	IInd BSc. A&OTT



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Ref. No: MCAHS/IQAC/F11/635/2022

Date: 01/03/2022

Subject: Felicitation of female group D workers.

With reference to the above subject, the teaching, non-teaching and administrative staff of Mangala College of Allied Health Sciences to assemble in the Central Library, Basement, Mangala College of Allied Health Sciences on 8 March 2022 for felicitation of female group D workers for their contribution for the growth of the institution.

The program is jointly organized by NSS unit in association with Women cell of Mangala College of Allied Health Sciences, Mangaluru.

  
Coordinator  
Women Cell

  
Principal

PRINCIPAL  
Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga Road, Mangaluru - 575 029



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Date: 09 March 2022

## Women Cell

### International Women's Day Celebration 2022

Date: 08 March 2022

Venue: College Library

No. of Participants: 13

Group-D female workers of Mangala College of Allied Health Sciences and Mangala College of Para Medical Sciences were honored for their contribution to the institution on account of International Women's Day on 8 March 2022 at Central Library of the institution at Mangala Campus.

Principal Prof. Pratijna Suhasini G R felicitated the Group-D female workers for their exemplary dedication and loyalty towards their work.

The event was organized by NSS Unit of the college in association with women cell.

13 NSS volunteers, teaching and non-teaching faculty participated in the event.

Refreshment was arranged for all participants.



## Women Cell

### International Women's Day (2022)

#### Participants List

Sl no	Student name	Program	Register number	Signature
1.	Lakshmimol V. K	II B.Sc.A & OTT	20E3702	Lakshmimol
2.	Sahla Mole P M	II B.Sc.A & OTT	20E3703	Sahla
3.	Karthik	I B.Sc.A & OTT		Karthik
4.	Rahul	I B.Sc.A & OTT		Rahul
5.	Karthik K N	I B.Sc. MLT		Karthik
6.	Heera	I B.Sc. MLT		Heera
7.	Renita Figredo	II B.Sc.MLT	20L0266	Renita
8.	Rokshitha	II B.Sc.MLT	20L0267	Rokshitha
9.	Nidhi N Stevens	I B.Sc.Optomtry		Nidhi
10.	Bhavyashri	II B.Sc.MIT		Bhavyashri
11.	Kavana S Shetty	II B.Sc. MIT		Kavana
12.	Prajna	II B.Sc.Optomtry	20O0133	Prajna
13.	Vijitha K Shetty	II B.Sc.Optomtry	20O0134	Vijitha

**PRINCIPAL**  
Mangala College of Allied Health Sciences  
Vidyarajpet P.O. Puttur  
Neermarga, MANGALORE - 575 029



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Ref. No: MCAHS/IQAC/F11/679/2022

Date: 22 August 2022

Subject: Women in Leadership- Overcoming Barriers and Bias

Women Cell of Mangala College of Allied Health Sciences in association with NSS unit of Mangala College of Allied Health Sciences is organizing a session on "Women in Leadership- Overcoming Barriers and Bias" on 29 August 2022.

With reference to the above subject, all the students and teaching faculty of Mangala College of Allied Health Sciences and Mangala College of Para Medical Sciences are expected to assemble at Ishavasyam (Auditorium) on 29 August 2022 for the session on "Women in Leadership- Overcoming Barriers and Bias" by Ms. Shambhavi Bhandarkar, CEO, Chipsy IT Services, Udupi, Karnataka.

  
Coordinator  
Women Cell

  
Principal  
PRINCIPAL  
Mangala College of Allied Health Sciences  
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Date: 30 August 2022

Date: 29 August 2022

Venue: Ishavasyam

No. of Participants: 425

## Women Cell

### Women in Leadership- Overcoming Barriers and Bias

The Women cell of Mangala College of Allied Health Sciences, in association with NSS Unit, organized a session on “Women in Leadership- Overcoming Barriers and Bias” by Ms. Shambhavi Bhandarkar, CEO of Chipsy IT services, Udupi on 29 August 2022.

During the event, Ms. Shambhavi acquainted the students about the barriers, biases and different ways of harassment that women face in the workplace.

The session motivated the participants to strengthen their confidence and develop their own strategy to eliminate prejudication of potential based on gender and to overcome all the challenges in their path.

The speaker also encouraged the students to participate in mentoring and leadership initiatives for women.

The occasion concluded by appreciating the bravery of four of our students who spoke up against abuser who made lewd comments.

Principal Prof. Pratijna Suhasini G.R, Vice principal Prof. Geethalakshmi I P and female faculty along with 119 students of Mangala College of Allied Health Sciences and 306 students of Mangala College of Para Medical Sciences benefited from the event.





Venue:Ishavasyam

Event name:Women in Leadership - Overcoming Barriers and Bias

Date and time:29/08/2022 & 11:26 AM

Location:Mangala College of Paramedical Sciences



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Ref. No: MCAHS/IQAC/F16/682/2022

Date:19/09/2022

Subject: Breast Cancer awareness programme

With reference to the above subject, the NSS unit of Mangala College of Allied Health sciences in association with the radiology department, organizing Breast cancer awareness programme on 23.09.2022 at District Wenlock Hospital, Mangalore. The NSS volunteers of Mangala College of Allied Health Sciences are requested to attend the programme.

NSS Programme Officer

Principal

**PRINCIPAL**  
Mangala College of Allied Health Sciences  
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**National Service Scheme  
Breast Cancer Awareness & Role of X-Mammography  
Event Report**

Date: 26.09.2022

**Date:** 23.09.2022

**Venue:** District Wenlock Hospital, Mangalore

**Organizer:** NSS Unit & Department of Medical Imaging Technology

**No. of Participants:** 30

**Report:**

Mangala College of Allied Health Sciences, NSS unit and Department of Medical Imaging Technology conducted session on "Breast cancer awareness & Role of X- mammography" on 23/09/2022, 10:00 am to 01:00 pm in outpatient department, District Wenlock hospital, Mangalore. Awareness session was taken by Ms. Dhanya, Ms. Rakshitha and Mr. Sreesha. 23 NSS volunteers actively participated in the programme and above 120 people attended the session.





**NSS Volunteers:**

<b>SL.NO.</b>	<b>NAME OF THE STUDENT</b>	<b>PROGRAMME</b>
1.	Karthik K N	IInd BSc. MLT
2.	Kesang Tsom	IInd BSc. MLT
3.	Lekha P H	IInd BSc. MLT
4.	Navya Kumari	IInd BSc. MLT
5.	Pallavi Chandrakant Naik	IInd BSc. MLT
6.	Srajan	Ist BSc. MIT
7.	Vijetha	Ist BSc. MIT
8.	Imran T K	Ist BSc. MIT
9.	Chirag Sagar	Ist BSc. MIT
10.	Aiswarya E K	IInd BSc. MIT
11.	Chandan S	IInd BSc. MIT
12.	Dhanush Uday Naik	IInd BSc. MIT
13.	Hafsath A.M.	IInd BSc. MIT
14.	Mohammed Askar	IInd BSc. MIT
15.	Nannu Ashfiya Anjum	IInd BSc. MIT
16.	Omkar Nagaraj Naik	IInd BSc. MIT
17.	Rakshith G. S	IInd BSc. MIT
18.	Rithika V P	IInd BSc. MIT
19.	Sakshi Shetty	IInd BSc. MIT
20.	Tenzin Gyatso	IInd BSc. MIT
21.	Tenzin Pedon Kee	IInd BSc. MIT
22.	Vruddhi B. H	IInd BSc. MIT
23.	Abhinav C K	Ist BSc. MIT



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Ref No: MCPMS/F3/425-1/2020


Date: 24-11-2022

Subject: World Aids Day-22

Department of Medical Laboratory Technology is organizing World Aids Day-22 on 01 December 2022 at Ishavasyam Auditorium. All the faculty members and the students of Medical Laboratory Technology of Mangala College of Allied Health Sciences are requested to attend the program at 10:00 AM.

  
CCC Coordinator

  
HOD

  
Principal  
Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



**Department of Medical Laboratory Technology**  
**World Aids Day 2022**  
**Event Report**

Date:02-12-2022

**EVENT NAME:** World Aids Day

**DATE:** 01/12/2022

**VENUE:** ISHAVASYAM , College Auditorium

**ORGANIZER:** Department of Medical Laboratory Technology

**NUMBER OF PARTICIPANTS:** 150

**REPORT:**

Department of Medical Laboratory Technology in association with Youth Red Cross Society and NSS unit of Mangala College of Allied Health Sciences organized a guest lecture on the topic “Role of Technicians in Diagnosis of HIV” on 01 December 2022 at Ishavasyam Auditorium..

The programme began with welcoming the resource person by Mr.Rovin Fernandes, diploma student. The resource person was introduced by Mrs. Diney D’souza, Associate Professor, Department of Microbiology.

The resource person of the day was Dr.Nagalakshmi N, Assistant Professor, Division of Microbiology, Department of Basic Medical Sciences, Manipal Academy of Higher Education, Manipal.

94 Students from Mangala College of Paramedical Sciences and 56 students from Mangala College of Allied Health Sciences from department of Medical Laboratory Technology participated in the programme. The token of gratitude was handed over by Principal Professor Prathijna Suhasini G.R and Vice-Principal Professor Geethalakshmi. The programme was concluded by giving vote of thanks by Ms.Varsha, diploma student.





Mangala College of Allied Health Sciences  
Neermarga, Kalpane Road, Neermarga  
Mangaluru, 575029 KA, India  
Lat 12.892818, Long 74.896816  
01/12/22 10:15AM GMT +05:30



### Participants List

SL.No	Name of the Student	Registration No.	Name of the Program
1.	Adithya Balan		I Year B.Sc. in Renal Dialysis Technology
2.	Anuchandra		I Year B.Sc. in Renal Dialysis Technology
3.	Archana Haridas		I Year B.Sc. in Renal Dialysis Technology
4.	Farhana K K		I Year B.Sc. in Renal Dialysis Technology
5.	K R Nethravati		I Year B.Sc. in Renal Dialysis Technology
6.	Varsha V C		I Year B.Sc. in Renal Dialysis Technology
7.	Abhinandana Bhat K		I year B.Sc. in Anaesthesia and Operation Theatre Technology
8.	Adhnan Hamsa K N		I year B.Sc. in Anaesthesia and Operation Theatre Technology
9.	Arpita Gajanan Ambig		I year B.Sc. in Anaesthesia and Operation Theatre Technology
10.	Athira Anirudhan		I year B.Sc. in Anaesthesia and Operation Theatre Technology
11.	Betsi Kharlyngdoh		I year B.Sc. in Anaesthesia and Operation Theatre Technology
12.	Fathimathul Sahala P		I year B.Sc. in Anaesthesia and Operation Theatre Technology
13.	Kushi H Shetty		I year B.Sc. in Anaesthesia and Operation Theatre Technology
14.	Minzahurin N K		I year B.Sc. in Anaesthesia and Operation Theatre Technology
15.	Muhammed Sufiyan M.A		I year B.Sc. in Anaesthesia and Operation Theatre Technology
16.	Puimichon Shatsang		I year B.Sc. in Anaesthesia and Operation Theatre Technology
17.	S Sinchana Kundar		I year B.Sc. in Anaesthesia and Operation Theatre Technology
18.	Shifana		I year B.Sc. in Anaesthesia and Operation Theatre Technology

19.	Yashmini A		I year B.Sc. in Anaesthesia and Operation Theatre Technology
20.	Sonakshi J B		I year B.Sc. in Anaesthesia and Operation Theatre Technology
21.	Prathiksha		I year B.Sc. in Anaesthesia and Operation Theatre Technology
22.	Pranam		I year B.Sc. in Anaesthesia and Operation Theatre Technology
23.	Thrupthi P		I year B.Sc. in Anaesthesia and Operation Theatre Technology
24.	Adithya M P		I Year B.Sc. in Medical Laboratory Technology
25.	Chithra Prabha P		I Year B.Sc. in Medical Laboratory Technology
26.	Havyas M		I Year B.Sc. in Medical Laboratory Technology
27.	Vaishnavi		I Year B.Sc. in Medical Laboratory Technology
28.	Vaishnavi V Shetty		I Year B.Sc. in Medical Laboratory Technology
29.	Vidya Sagar		I Year B.Sc. in Medical Laboratory Technology
31.	Ashpana		I Year B.Sc. in Optometry
32.	Fathima		I Year B.Sc. in Optometry
33.	Fathima Parveen P.S		I Year B.Sc. in Optometry
34.	Mokshith		I Year B.Sc. in Optometry
35.	Rikynti Ryntathiang		I Year B.Sc. in Optometry
36.	Afrina		I Year B.Sc. in Optometry
37.	Sahana		I Year B.Sc. in Optometry
38.	Abhinav C.K		I Year B.Sc. in Medical Imaging Technology
39.	Ameer Suhail K.A		I Year B.Sc. in Medical Imaging Technology
40.	Anunandh R.B		I Year B.Sc. in Medical Imaging Technology
41.	Anusree C.P		I Year B.Sc. in Medical Imaging Technology
42.	Aryananda T.T		I Year B.Sc. in Medical Imaging Technology
43.	Chirag Sagar		I Year B.Sc. in Medical Imaging Technology
44.	Hafis Hanif		I Year B.Sc. in Medical Imaging Technology
45.	Haseeba Hashim F.M		I Year B.Sc. in Medical Imaging Technology
46.	Imran T.K		I Year B.Sc. in Medical Imaging Technology
47.	Joel .M		I Year B.Sc. in Medical Imaging Technology
48.	Manish Manohar Naik		I Year B.Sc. in Medical Imaging Technology
49.	Muhammad Zainuddin Masood		I Year B.Sc. in Medical Imaging Technology
50.	Prathul Pradeep		I Year B.Sc. in Medical Imaging Technology

51.	Rahul Babu T.B		I Year B.Sc. in Medical Imaging Technology
52.	Saniya R.P		I Year B.Sc. in Medical Imaging Technology
53.	Sanju Shahul P.M		I Year B.Sc. in Medical Imaging Technology
54.	Sikha G.S		I Year B.Sc. in Medical Imaging Technology
55.	Srajan		I Year B.Sc. in Medical Imaging Technology
56.	Vijetha		I Year B.Sc. in Medical Imaging Technology



# MANGALA COLLEGE OF ALLIED HEALTH SCIENCES

(Approved by Govt. of Karnataka, affiliated to Rajiv Gandhi University of Health Sciences, Karnataka)  
(A Unit of Mangala Charitable Trust ®)

Vidyanagar, P.O. Pedamale, Neermarga Road, Mangaluru - 575 029. Ph: 0824-2272276/77

mangalapms2016@gmail.com

www.mangalacollege.org



Ref. No: MCAHS/IQAC/F16/690/2022

Date:29/11/2022

Subject: World Human Rights Day

NSS unit of Mangala College of Allied Health Sciences conducts essay competition on the topic "Evolution of right to education" and ಶಿಕ್ಷಣದ ಹಕ್ಕಿನ ವಿಕಾಸ on account of World Human Rights Day.

With reference to the above subject, interested are requested to give their names to Mr. Naveesh Kumar, NSS Program officer on or before 08 December 2022. Competition will be scheduled on 10 December 2022 at room no. 84, third floor at 11:00 AM.

NSS Coordinator

Principal

PRINCIPAL

Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale, Neermarga Road, Mangaluru - 575 029



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## National Social Service World Human Rights Day Event Report

Date: 12 December 2022

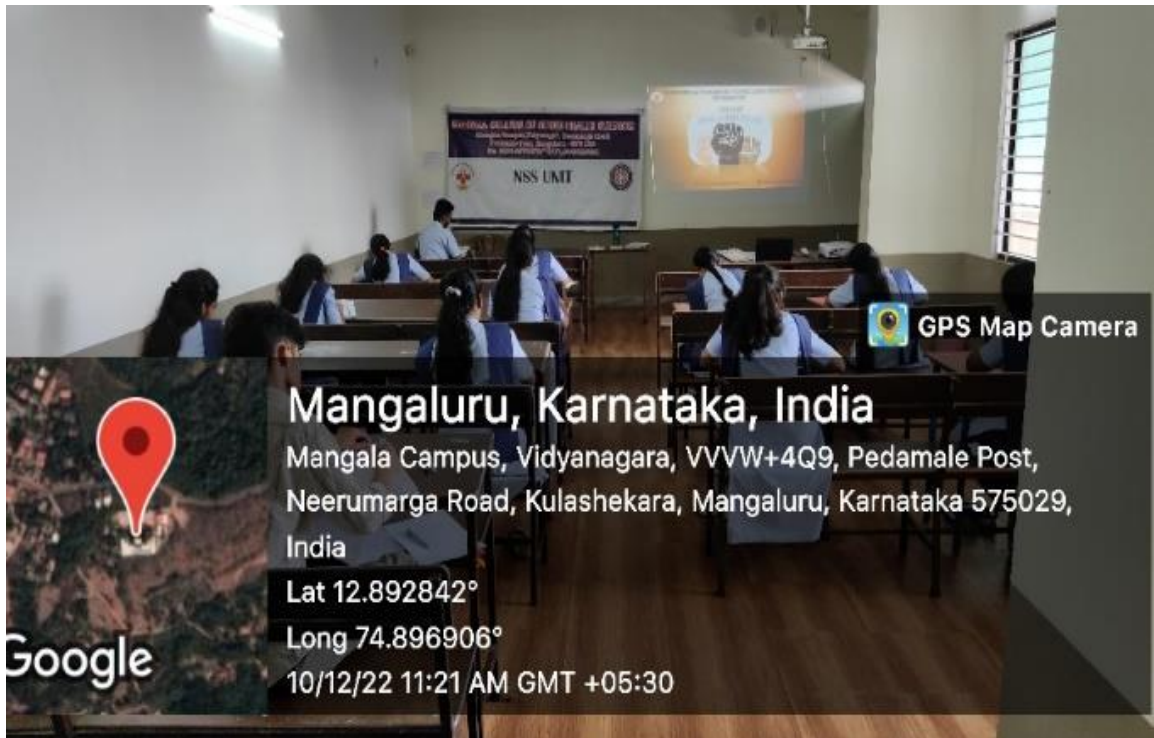
Date: 10 December 2022

Venue: Room No 84 (Third floor)

No. of Participants: 30

NSS unit, Mangala College of Allied Health Sciences conducted Human Rights Day dated 10.12.2022.

On this account essay competition was held in Kannada and English namely 'Evolution of right to education' and 'ಶಿಕ್ಷಣದ ಹಕ್ಕಿನ ವಿಕಾಸ'. 10 students of Mangala College of Allied Health Sciences and 20 students of Mangala College of Paramedical Sciences were participated in this competition.





GPS Map Camera

## Mangaluru, Karnataka, India

Mangala Campus, Vidyanagara, VVVW+4Q9, Pedamale Post,  
Neerumarga Road, Kulashekara, Mangaluru, Karnataka 575029,  
India

Lat 12.892844°

Long 74.896909°

10/12/22 11:01 AM GMT +05:30

Google



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
Ref. No: MCAHS/IQAC/F16/703/2023

Date: 07/01/2023

Subject: National Youth Day

NSS unit of Mangala College of Allied Health Sciences celebrates National Youth Day on 14 January 2023

With reference to the above subject, all the staff and studentds of Mangala College of Allied Health Sciences and Mangala College of Paramedical Sciences are requested to gather at Ishavasyam auditorium on 14/01/2023 at 10:00 AM.

  
NSS Program Officer

  
Principal  
Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, Mangaluru - 575 029



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mangalapms2016@gmail.com

www.mangalacollege.org



Date: 16 January 2023

## National Youth Day

Date: 14 January 2023

Venue: Ishavasyam auditorium

No. of Participants: 600

Mangala College of Allied Health Sciences, NSS unit Organised National Youth Day on 14.01.2023, 10:00 am to 01:00 pm at Ishavasyam auditorium, Mangala College of Allied Health Sciences, Mangalore.

Lamp lighting was done by Prof. Pratijna Suhasini G R Principal, Prof. Geethalakshmi Vice principal, Mr. Navish Kumar N.S.S unit officer & Ms. Abhineetha YRCS unit member of Mangala College of Allied Health Sciences.

On this account ramp walk and collage competition was done, prizes were distributed for the winners. 112 students of Mangala College of Allied Health Sciences were participated in the program.



**National Youth Day (14-01-2023)**  
**Participants List**

Program	Year	Sl. No	Name of the Candidate	Register Number	Signature
B.Sc. MLT	I	1.	Adithya M P		
		2.	Chithra Prabha P		
		3.	Havyas M		
		4.	Vaishnavi		
		5.	Vaishnavi V Shetty		
		6.	Vidya Sagar		
	II	7.	Chaitra Salian	21L0425	Ab
		8.	Deeksha	21L0426	
		9.	Karthik K N	21L0429	
		10.	Kesang Tsom	21L0430	
		11.	Lekha P H	21L0431	
		12.	Navya Kumari	21L0432	Ab.
		13.	Pallavi Chandrakant Naik	21L0433	Ab.
		14.	Shahana M	21L0434	
		15.	Shyamjith K	21L0435	
		16.	Sujan	21L0436	
		17.	Sushma	21L0437	
		18.	Anusha Shetty		
		19.	Mahammad Swaroop		Ab
		20.	Padmini		Padmini
		21.	Prathijna M		
		22.	Swathi C V		
		23.	Thabsira		
	III	24.	Akshitha Bangera	20L0257	
		25.	Renita Figredo	20L0266	
		26.	Rokshitha	20L0267	
		27.	Vismitha	20L0271	
		28.	Ashwija	21L0440	
		29.	Jeswin Dsouza	21L0442	Ab
		30.	Kavya R Nayak	21L0443	
		31.	Sumith	21L0445	
B.Sc. MIT	I	32.	Abhinav C K		
		33.	Ameer Suhail K A		
		34.	Anunandh R B		
		35.	Anusree C. P.		
		36.	Aryananda T T		
		37.	Hafis Hanif		
		38.	Haseeba Hashim F M		Ab
		39.	Joel M		Ab
		40.	Manish Manohar Naik		
		41.	Prathul Pradeep		
		42.	Rahul Babu T.B		
		43.	Saniya R P		

		44.	Sanju Shahul P M		
		45.	Sikha G S		
		46.	Srajan		
		47.	Vijetha		
		48.	Imran T K		
		49.	Chirag Sagar		
		50.	Muhammad Zainuddin Masood		
	II	51.	Aiswarya E K	21E3967	Ab
		52.	Chandan S	21E3968	
		53.	Dhanush Uday Naik	21E3969	
		54.	Hafsath A.M.	21E3970	
		55.	Mohammed Askar	21E3971	
		56.	Nannu Ashtiya Anjum	21E3975	
		57.	Omkar Nagaraj Naik	21E3976	
		58.	Rakshith G. S	21E3977	
		59.	Rithika V P	21E3979	
		60.	Sakshi Shetty	21E3980	
		61.	Tenzin Gyatso	21E3981	
		62.	Tenzin Pedon Kee	21E3982	
		63.	Vruddhi B. H	21E3983	
		64.	Abdul Hazim		
		65.	Akash		AB
		66.	Manvith		
		67.	Thirtha Kumar B N		
	I	68.	Ashpana		
		69.	Fathima		
		70.	Fathima Parveen P.S		
		71.	Mokshith		
		72.	Rikynti Ryntathiang		
		73.	Afrina		
		74.	Sahana		
B.Sc. Optometry	II	75.	Giriprasad C	21O0501	
		76.	Havya C P	21O0502	
		77.	Manohari	21O0503	
		78.	Nidhi N Stevens	21O0504	
		79.	Pooja K Bangera	21O0505	Ab
		80.	Rithesh Kumar G	21O0506	AB
		81.	Sukshitha	21O0507	
		82.	Thaodem Sanatombi Devi	21O0508	
		83.	Arya S.		
		84.	Bhavya		
		85.	Kairunnesa M.A		
		86.	Praveen B.		
		87.	Sandarsha A S		AB
		88.	Sushmith		
		89.	Swathi Ganapati Vaidya		AB
		90.	Tejaswini Mahesh Naik		

	III	91.	Prajna	20O0133	AB
		92.	Kavya	21O0513	AB
		93.	Krishma Janitha Dsouza	21O0515	Krishma
		94.	Navyashree N	21O0516	Navyashree
B.Sc. RDT	I	95.	Adithya Balan		Aditya
		96.	Anuchandra		Anu
		97.	Archana Haridas		Archana
		98.	Farhana K K		AD
		99.	K R Nethravati		KR
		100.	Varsha V C		Varsha
	II	101.	Drishya Dineshan	21E8115	Drishya
		102.	Prathyusha	21E8117	Prathyusha
		103.	Sanjana G R	21E8119	Sanjana
		104.	Sparsha A	21E8120	Sparsha
		105.	Sredha M P	21E8121	Sredha
		106.	Chaithra		Chaitra
		107.	Maimoonath Noora		AD
		108.	Saif Ali Khan V K		AD
B.Sc. A&OT	I	109.	Abhinandana Bhat K		Abhinandana
		110.	Adhnan Hamsa K N		Adhnan
		111.	Arpita Gajanan Ambig		Arpita
		112.	Athira Anirudhan		Athira
		113.	Betsi Kharlyngdoh		Betsi
		114.	Fathimathul Sahala P		Fathimathul
		115.	Kushi H Shetty		Kushi H Shetty
		116.	Minzahurin N K		AD
		117.	Muhammed Sufiyan M A		Sufiyan
		118.	Puimichon Shatsang		Puimichon
		119.	S Sinchana Kunder		S S. Kunder
		120.	Shifana		AD
		121.	Yashmini A		Yashmini
		122.	Sonakshi J B		Sonakshi
		123.	Prathiksha		Prathiksha
		124.	Pranam		Pranam
		125.	Thrupthi P		Thrupthi
	II	126.	Adithya G.K. Kottary	21E1454	Aditya
		127.	Fasna K N	21E1458	Fasna
		128.	Hemalatha	21E1460	AD
		129.	Karthik	21E1461	Karthik
		130.	Khadeejath Nabeela	21E1462	Nabeela
		131.	Muthura	21E1464	Muthura
		132.	Panchami B. Suvarna	21E1465	AD
		133.	Rahul	21E1466	AD
		134.	Thrupthi Pandith	21E1469	Thrupthi
		135.	Abhishek M Poojary		Abhishek
		136.	Keerthan K		Keerthan
		137.	Kongka Phawa		K. Phawa
		138.	Rani Subhash Saravade		Subhash

139. Shreya S. Shetty



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mangalapms2016@gmail.com

www.mangalacollege.org



Ref. No: MCAHS/IQAC/F20/707/2023

Date: 12 January 2023

Subject: Red Card Campaign.

Youth United Council of India Unit of Mangala College of Allied Health Sciences is organizing Red Card Campaign in association with Women Cell of Mangala College of Allied Health Sciences at Mangala Campus on 19 January 2023.

All the students of Mangala College of Allied Health Sciences and Mangala College of Para Medical Sciences are expected to assemble in the college campus in class-wise manner for the event.

  
Coordinator  
YUCI Unit

  
Principal

PRINCIPAL  
Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



Date: 20 January 2023

## Youth Council of India Unit Red Card Campaign

Date: 19 January 2023  
Venue: Assembly area, Mangala Campus  
No. of Participants: 509

Y.U.C.I. unit of Mangala College of Allied Health Sciences and Mangala College of Para Medical Sciences in association with Women Cell organized "Red Card Campaign" at the Mangala Campus on 19 January 2023.

This campaign was organized under the guidance Youth United Council of India to stop discrimination against women and girl children in the society.

92 students of Mangala College of Allied Health Sciences and 417 students of the Mangala College of Para Medical Sciences along with the teaching faculty actively participated in the campaign.

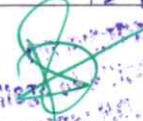


**Women Cell**  
**Red Card Campaign (19-01-2023)**  
**Participants List**

Program	Year	Sl. No	Name of the Candidate	Register Number	Signature
B.Sc. MLT	I	1.	Adithya M P		
		2.	Chithra Prabha P		
		3.	Havyas M		
		4.	Vaishnavi		
		5.	Vaishnavi V Shetty		
		6.	Vidya Sagar		
	III	7.	Akshitha Bangera	20L0257	
		8.	Renita Figredo	20L0266	
		9.	Rokshitha	20L0267	
		10.	Vismitha	20L0271	
		11.	Ashwija	21L0440	
		12.	Jeswin Dsouza	21L0442	Ab
		13.	Kavya R Nayak	21L0443	
		14.	Sumith	21L0445	
B.Sc. MIT	I	15.	Abhinav C K		
		16.	Ameer Suhail K A		
		17.	Anunandh R B		
		18.	Anusree C. P.		
		19.	Aryananda T T		
		20.	Hafis Hanif		
		21.	Haseeba Hashim F M		
		22.	Joel M		
		23.	Manish Manohar Naik		
		24.	Prathul Pradeep		
		25.	Rahul Babu T.B		
		26.	Saniya R P		
		27.	Saniu Shahul P M		
		28.	Sikha G S		
		29.	Srajan		
		30.	Vijetha		
		31.	Imran T K		
		32.	Chirag Sagar		
	III	33.	Muhammad Zainuddin Masood		
		34.	Ajith R	20E0914	
		35.	Ansila K H	20E0916	
		36.	Lena Krishnan P	20E0917	Ab
		37.	Bhavyashri	21E3984	
		38.	Kavana S Shetty	21E3985	
		39.	Mohammed Parvez	21E3987	Ab
		40.	Neesha	21E3988	
		41.	Shreeja K	21E3990	

**PRINCIPAL**  
Mangala College of Allied Health Sciences  
Vijayanagar, P.O. Padamada  
575 028, MANGALORE - 575 028

		42.	Vaibhav	21E3982	Vaibhav
B.Sc. Optometry	I	43.	Ashpana		Ashpana
		44.	Fathima		Fathima
		45.	Fathima Parveen P.S		Fathima
		46.	Mokshith		Mokshith
		47.	Rikynti Ryntathiang		Rikynti
		48.	Afrina		Afrina
		49.	Sahana		Sahana
	II	50.	Giriprasad C	21O0501	Ab
		51.	Havya C P	21O0502	Havya
		52.	Manohari	21O0503	Manohari
		53.	Nidhi N Stevens	21O0504	Nidhi
		54.	Pooja K Bangera	21O0505	Pooja
		55.	Rithesh Kumar G	21O0506	Rithesh
		56.	Sukshitha	21O0507	Sukshitha
		57.	Thaodem Sanatombi Devi	21O0508	Sanatombi
		58.	Arya S.		Arya
		59.	Bhavya		Bhavya
		60.	Kairunnesa M.A		Kairunnesa
		61.	Praveen B.		Praveen
		62.	Sandarsha A S		Sandarsha
		63.	Sushmith		Ab
		64.	Swathi Ganapati Vaidya		Ab
		65.	Tejaswini Mahesh Naik		Ab
B.Sc. RDT	I	66.	Adithya Balan		Adithya
		67.	Anuchandra		Anuchandra
		68.	Archana Haridas		Archana
		69.	Farhana K K		Farhana
		70.	K R Nethravati		K R Nethravati
		71.	Varsha V C		Varsha
	II	72.	Drishya Dineshan	21E8115	Drishya
		73.	Prathyusha	21E8117	Prathyusha
		74.	Sanjana G R	21E8119	Sanjana
		75.	Sparsha A	21E8120	Sparsha
		76.	Sredha M P	21E8121	Sredha
		77.	Chaithra		Chaithra
		78.	Maimoonath Noora		Maimoonath
		79.	Saif Ali Khan V K		Saif
	III	80.	Dhanyashree	20E2314	Ab
		81.	Varsha K P	20E2319	Varsha
		82.	Vinutha	20E2320	Vinutha
		83.	Sachin	21E8124	Sachin
B.Sc. A&OTT	I	84.	Abhinandana Bhat K		Abhinandana
		85.	Adhnan Hamsa K N		Adhnan
		86.	Arpita Gajanan Ambig		Arpita
		87.	Athira Anirudhan		Athira
		88.	Betsi Kharlyngdoh		Betsi
		89.	Fathimathul Sahala P		Fathimathul

  
 Neeraj, MANGALURU  
 Mangaluru College of Arts, Science & Commerce  
 Mangaluru, KERALA  
 Mangaluru, KERALA

	90.	Kushi H Shetty	<u>Kushishetty</u>
	91.	Minzahurin N K	<u>Minz N</u>
	92.	Muhammed Sufiyan M A	<u>Sufiyan</u>
	93.	Puimichon Shatsang	<u>Puimichon</u>
	94.	S Sinchana Kunder	<u>S. Sinchana</u>
	95.	Shifana	<u>Shifana</u>
	96.	Yashmini A	<u>Yashmini</u>
	97.	Sonakshi J B	<u>Sonakshi</u>
	98.	Prathiksha	<u>Prathiksha</u>
	99.	Pranam	<u>Pranam</u>
	100.	Thrupthi P	<u>Thrupthi</u>

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# MANGALA COLLEGE OF ALLIED HEALTH SCIENCES

(Approved by Govt. of Karnataka, affiliated to Rajiv Gandhi University of Health Sciences, Karnataka)  
(A Unit of Mangala Charitable Trust ®)

Vidyanagar, P.O. Pedamale, Neermarga Road, Mangaluru - 575 029. Ph: 0824-2272276/77

mangalapms2016@gmail.com

www.mangalacollege.org



Ref.No: MCAHS/IQAC/F16/709/2023

Date:18/01/2023

Subject: National Voter's Day.

NSS unit of Mangala College of Allied Health Sciences organizes an awareness talk and pledge taking on account of "National Voter's Day" on 25 January 2023.

With reference to the above subject, all the staff and students of Mangala College of Allied Health Sciences are requested to gather at Ishavasyam auditorium on 25 January 2023 at 11:30 AM.

NSS Coordinator

Principal

Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale, Neermarga, MANGALURU - 575 029



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Date: 27 January 2023

## National Service Scheme National Voters' Day Event Report

Date: 25 January 2023

Venue: Ishavasyam auditorium



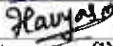
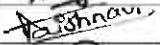











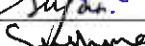







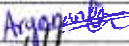
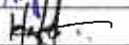
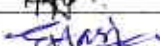











No. of Participants: 102

On account of National Voters' Day on 25<sup>th</sup> January 2023, the NSS unit of Mangala College of Allied Health Sciences, Mangalore, conducted pledge taking and awareness talk about significance of voting. The event was conducted at shavasyam auditorium on 25<sup>th</sup> January 2023 at 11.30 A M.

102 students of Mangala College of Allied Health Sciences participated in the event. The event was organised by the NSS unit of Mangala College of Allied Health Sciences, Mangalore.



**National Voter's Day (25-01-2023)**  
**Participants List**

Program	Year	Sl. No	Name of the Candidate	Register Number	Signature
B.Sc. MLT	I	1.	Adithya M P		
		2.	Chithra Prabha P		
		3.	Havyas M		
		4.	Vaishnavi		
		5.	Vaishnavi V Shetty		
		6.	Vidya Sagar		
	II	7.	Chaitra Salian	21L0425	
		8.	Deeksha	21L0426	Ab
		9.	Karthik K N	21L0429	
		10.	Kesang Tsom	21L0430	
		11.	Lekha P H	21L0431	
		12.	Navya Kumari	21L0432	
		13.	Pallavi Chandrakant Naik	21L0433	
		14.	Shahana M	21L0434	
		15.	Shyamjith K	21L0435	
		16.	Sujan	21L0436	
		17.	Sushma	21L0437	
		18.	Anusha Shetty		
		19.	Mahammad Swaroop		
		20.	Padmini		Ab
		21.	Prathijna M		Ab
		22.	Swathi C V		
		23.	Thabsira		
B.Sc. MIT	I	24.	Abhinav C K		
		25.	Ameer Suhail K A		
		26.	Anunandh R B		
		27.	Anusree C. P.		Ab
		28.	Aryananda T T		
		29.	Hafis Hanif		
		30.	Haseeba Hashim F M		
		31.	Joel M		
		32.	Manish Manohar Naik		
		33.	Prathul Pradeep		
		34.	Rahul Babu T.B		
		35.	Saniya R P		
		36.	Sanju Shahul P M		
		37.	Sikha G S		
		38.	Srajan		
		39.	Vijetha		
		40.	Imran T K		
		41.	Chirag Sagar		
		42.	Muhammad Zainuddin Masood		Ab

	II	43.	Aiswarya E K	21E3967	440V
		44.	Chandan S	21E3968	ED 1
		45.	Dhanush Uday Naik	21E3969	Eda
		46.	Hafsath A.M.	21E3970	Hafsath
		47.	Mohammed Askar	21E3971	Askar
		48.	Nannu Ashfiya Anjum	21E3975	Nannu
		49.	Omkar Nagaraj Naik	21E3976	Omkar
		50.	Rakshith G. S	21E3977	Rakshith G S
		51.	Rithika V P	21E3979	Rithika
		52.	Sakshi Shetty	21E3980	Sakshi
		53.	Tenzin Gyatso	21E3981	Tenzin
		54.	Tenzin Pedon Kee	21E3982	Tenzin
		55.	Vruddhi B. H	21E3983	Vruddhi
		56.	Abdul Hazim		Ab
		57.	Akash		Ab
		58.	Manvith		manvith
		59.	Thirtha Kumar B N		Thirtha
B.Sc. Optometry	I	60.	Ashpana		Ashpana
		61.	Fathima		Fathima
		62.	Fathima Parveen P.S		Fathima
		63.	Mokshith		Mokshith
		64.	Rikynti Ryntathiang		Rikynti
		65.	Afrina		Afrina
	II	66.	Sahana		Sahana
		67.	Giriprasad C	21O0501	Giriprasad
		68.	Havya C P	21O0502	Havya
		69.	Manohari	21O0503	Manohari
		70.	Nidhi N Stevens	21O0504	Nidhi
		71.	Pooja K Bangera	21O0505	Pooja
		72.	Rithesh Kumar G	21O0506	Rithesh
		73.	Sukshitha	21O0507	Sukshitha
		74.	Thaodem Sanatombi Devi	21O0508	Thaodem
		75.	Arya S.		Arya
		76.	Bhavya		Bhavya
		77.	Kairunnesa M.A		Kairunnesa
		78.	Praveen B.		Praveen
		79.	Sandarsha A S		Sandarsha
		80.	Sushmith		Sushmith
		81.	Swathi Ganapati Vaidya		Swathi
		82.	Tejaswini Mahesh Naik		Tejaswini
R.Sc. RDT	I	83.	Adithya Balan		Adithya
		84.	Anuchandra		Anuchandra
		85.	Archana Haridas		Archana
		86.	Farhana K K		Farhana
		87.	K R Nethravati		K R Nethravati
		88.	Varsha V C		Varsha
B.Sc. A&OTT	I	89.	Abhinandana Bhat K		Abhinandana
		90.	Adhnan Hamsa K N		Adhnan

II	91.	Arpita Gajanan Ambig		Ab
	92.	Athira Anirudhan		Alhina
	93.	Betsi Kharlyngdoh		BA
	94.	Fathimathul Sahala P		offaf
	95.	Kushi H Shetty		Kushithetty
	96.	Minzahurin N K		Hins
	97.	Muhammed Sufiyan M A		Mufiya
	98.	Puimichon Shatsang		Ab
	99.	S Sinchana Kundar		S.S. Kundar
	100.	Shifana		Shifano
	101.	Yashmini A		Yashmini
	102.	SonakshiJ B		Sonakshi
	103.	Prathiksha		Prathiksha
	104.	Pranam		Ab
	105.	Thrupthi P		Thrupthi
	106.	Adithya G.K. Kottary	21E1454	Adithya
	107.	Fasna K N	21E1458	Ab
	108.	Hemalatha	21E1460	Hemalatha
	109.	Karthik	21E1461	Ab
	110.	Khadeejath Nabeela	21E1462	Khadeejath
	111.	Muthura	21E1464	Muthura
	112.	Panchami B. Suvarna	21E1465	Panchami
	113.	Rahul	21E1466	Rahul
	114.	Thrupthi Pandith	21E1469	Thrupthi
	115.	Abhishek M Poojary		Abhishek
	116.	Keerthan K		Keerthan
	117.	Kongka Phawa		Ab
	118.	Rani Subhash Saravade		Rani
	119.	Shreya S Shetty		Shreya Shetty



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Ref. No: MCAHS/IQAC/F16/719/2023

Date:10/02/2023

Subject: Blood Donation Camp

With reference to the above subject, the NSS unit of Mangala College of Allied Health Sciences in association with Youth Red Cross Society is organizing a Blood Donation Camp on 14<sup>th</sup> February 2023 at Mangala College campus.

The students of Mangala College of Allied Health Sciences and Mangala College of Para Medical Sciences who wish to donate blood can attend the same.

Students who are willing to donate blood must register their name through NSS or YRCS coordinator.

NSS Programme Officer

Principal

PRINCIPAL

Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575029



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## NATIONAL SERVICE SCHEME BLOOD DONATION CAMP AND FREE MEDICAL CHECK UP EVENT REPORT

Date: 15.02.2023

**Event Name:** Blood Donation Camp

**Date:** 14.02.2023

**Venue:** Mangala College Campus, Neermarga Road, Mangalore

**Organizer:** NSS Unit

**Co-organizer:** YRCS Unit

**No. of Participants:** 136

### Report:

NSS unit of Mangala College of Allied Health Sciences, Mangalore, in Association with Youth Red Cross Society, conducted blood donation camp in association with KMC Hospital Blood Centre, Mangalore and free medical check-up in association with Mangala Hospital, at Mangala College campus on Tuesday, 14<sup>th</sup> February 2023. The program started with lighting the lamp by Dr. Ranjitha Rao, Medical Officer KMC Blood Centre, Jyothi Mangalore, Prof. Pratijna Shashini G R, Principal, Prof. Geethalakshmi I P, Vice Principal, Dr. Shailini S Rao, NSS Unit and YRCS officers and members of Mangala College of Allied Health Sciences. Student Councils of Mangala College of Allied Health Sciences and Mangala College of Para Medical Sciences involved themselves by coordinating and volunteering throughout the event. On this blood donation camp 127 donors donated blood voluntarily.







**MANGALA COLLEGE OF ALLIED HEALTH SCIENCES  
MANGALURU**

**YOUTH RED CROSS SOCIETY & NSS UNIT**

*Cordially invites you for*

**BLOOD DONATION CAMP**

*In association with*

**KMC HOSPITAL BLOOD CENTRE, MANGALURU**

**FREE MEDICAL CHECK-UP**

*In association with*

**MANGALA HOSPITAL**

**INDIAN CATHOLIC YOUTH MOVEMENT, PALDANE PARISH**

On 14th February 2023, 9.30am onwards  
At Mangala College Campus, Neermarga



**NSS VOLUNTEERS:**

<b>SL.NO.</b>	<b>NAME OF THE STUDENT</b>	<b>PROGRAMME</b>
1.	Adithya M P	Ist BSc. MLT
2.	Chithra Prabha P	Ist BSc. MLT
3.	Havyas M	Ist BSc. MLT
4.	Vaishnavi	Ist BSc. MLT
5.	Karthik K N	IInd BSc. MLT
6.	Kesang Tsom	IInd BSc. MLT
7.	Lekha P H	IInd BSc. MLT
8.	Navya Kumari	IInd BSc. MLT
9.	Pallavi Chandrakant Naik	IInd BSc. MLT
10.	Shahana M	IInd BSc. MLT
11.	Shyamjith K	IInd BSc. MLT
12.	Sujan	IInd BSc. MLT
13.	Anunandh R B	Ist BSc. MIT
14.	Anusree C P	Ist BSc. MIT
15.	Aryananda T T	Ist BSc. MIT
16.	Hafis Hanif	Ist BSc. MIT
17.	Manish Manohar Naik	Ist BSc. MIT
18.	Prathul Pradeep	Ist BSc. MIT
19.	Rahul Babu T B	Ist BSc. MIT
20.	Saniya R P	Ist BSc. MIT
21.	Chirag Sagar	Ist BSc. MIT
22.	Aiswarya E K	IInd BSc. MIT
23.	Sakshi Shetty	IInd BSc. MIT
24.	Tenzin Gyatso	IInd BSc. MIT
25.	Omkar Nagaraj Naik	IInd BSc. MIT
26.	Rakshith G. S	IInd BSc. MIT
27.	Fathima	Ist BSc.Optometry
28.	Fathima Parveen P S	Ist BSc.Optometry
29.	Mokshith	Ist BSc.Optometry
30.	Rikynti Ryntathiang	Ist BSc.Optometry
31.	Manohari	IInd BSc.Optometry
32.	Nidhi N Stevens	IInd BSc.Optometry
33.	Farhana K K	Ist BSc. RDT
34.	K R Nethravati	Ist BSc. RDT
35.	Varsha V C	Ist BSc. RDT
36.	Sparsha A	IInd BSc. RDT
37.	Sredha M P	IInd BSc. RDT
38.	Puimichon Shatsang	Ist BSc. A&OTT
39.	S Sinchana Kunder	Ist BSc. A&OTT
40.	Shifana	Ist BSc. A&OTT
41.	Hemalatha	IInd BSc. A&OTT
42.	Karthik	IInd BSc. A&OTT
43.	Khadeejath Nabeela	IInd BSc. A&OTT

**YRCS VOLUNTEERS:**

<b>SL. NO</b>	<b>NAME OF THE STUDENT</b>	<b>PROGRAMME</b>
1	Chaithra	IInd BSc. MLT
2	Chaitra Salian	IInd BSc. MLT
3	Deeksha	IInd BSc. MLT
4	Fathimath Ramseena	IInd BSc. MLT
5	Heera	IInd BSc. MLT
6	Abinsha S	IInd BSc. MIT
7	Aiswarya E K	IInd BSc. MIT
8	Chandan S	IInd BSc. MIT
9	Dhanush Uday Naik	IInd BSc. MIT
10	Hafsath A.M.	IInd BSc. MIT
11	Mohammed Askar	IInd BSc. MIT
12	Mohammed Jawad	IInd BSc. MIT
13	Morvin Rebello	IInd BSc. MIT
14	Havya C P	IInd BSc.Optometry
15	Manohari	IInd BSc.Optometry
16	Nidhi N Stevens	IInd BSc.Optometry
17	Pooja K Bangera	IInd BSc.Optometry
18	Rithesh Kumar G	IInd BSc.Optometry
19	Sukshitha	IInd BSc.Optometry
20	Thaodem Sanatombi Devi	IInd BSc.Optometry



# **Mangala College of Allied Health Sciences**

(A constituent of Mangala Charitable Trust®)

Mangala Campus, Vidyanagara, Post Pedamale, Neermarga Road,  
Mangaluru 575029

# **Voter Awareness Program**

*on*

*11 April 2023*

*at*

*Ishavasyam, Mangala Campus*

## **Expected Outcomes:**

1. Create awareness about elections and right to vote.
2. Improve voter turnout percentage in Dakshina Kannada district of Karnataka.
3. Encourage parents to cast their votes.

## **Resource Persons**

Dr. Ashok H  
Principal DTC

Dr. Jagadeesh  
District Surveillance Officer

**PRINCIPAL**

Mangala College of Allied Health Sciences  
Vidyanagara, P.O. Pedamale  
Neermarga, MANGALORE - 575 029

***Internal Quality Assurance Cell***



## **Voter Awareness Program Event Report**

Date: 13 April 2023.

With the view of the upcoming Karnataka legislative council elections, voter awareness program was organized at Ishavasyam (college auditorium) on 11 April 2023 in association with Electoral Literacy Club.

Dr. Ashok, Principal, DTC, Surathkal and Dr. Jagadeesh, District Surveillance Officer, Mangaluru representing the Electoral Office addressed the gathering of students and spoke about the importance of their vote and how it is influential in bring about positive change in the society.

As a measure to increase voter turnout, Dr. Ashok also undertook an activity for students where they wrote letters to their parents to encourage and urge them to cast their votes in the upcoming legislative council elections.

Prof. Pratijna Suhasini G. R also spoke about importance of casting the vote and encouraged eligible student voters to cast their votes.

Prof. Geethalakshmi, Ms. Shiny D'Souza and faculty and 120 students of Mangala College of Allied Health Sciences and Mangala College of Para Medical Sciences were present during the program.





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Ref. No: MCAHS/IQAC/F11/722/2023

Date: 28 February 2023

Subject: Cyber crime and women - awareness and protection program.

On account of International Women Day, Women Cell of Mangala College of Allied Health Sciences is organizing a session on Cyber Safety.

With reference to the above subject, all the students and teaching faculty of Mangala College of Allied Health Sciences and Mangala College of Para Medical Sciences are expected to assemble at Ishavasyam (Auditorium) on 08 March 2023 for the "Cyber crime and women - awareness and protection" program organized by Women Cell in association with CEN Police Station, Mangaluru.

Coordinator  
Women Cell

Principal

**Principal**  
Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale, Neermarga Road, Mangaluru - 575 029



Date: 09-03-2023

## **Women Cell Cyber Crime and Women – Awareness & Protection**

Date: 08-03-2023  
Venue: Ishavasyam  
No of participants:700

International Women's Day was celebrated by Women Cell on 8 March 2023 at Ishavasyam, auditorium of Mangala College of Allied Health Sciences. During the event a special talk on "Cyber crime and Women – Awareness and Protection" was delivered by resource person Mr. Shashidhar Patgar, Cyber Expert, Cyber Economic and Narcotics Police Station Mangalore City, to educate students to understand, identify and prevent cyber threats.

Mr. Mohan, Assistant Sub-Inspector, Cyber Economic and Narcotics Police Station Mangalore, Principal Prof. Pratijna Suhasini G.R, Vice Principal Prof. Geethalakshmi I.P and teaching faculty of Mangala College of Allied Health Sciences were present during the event.

The session equipped the students with knowledge and importance of using genuine softwares, apt gadgets and strong password.

161 students of Mangala College of Allied Health Sciences and 539 students of Mangala College of Para Medical Sciences benefited from the program.





Venue: Ishavasyam

Mangaluru,KA,India

Neermarga, Mangaluru, 575029, KA, India

Lat 12.892629, Long 74.896753

03/08/2023 03:11 PM GMT+05:30

2023-03-08 15:1112.892631 N , 74.896753 E



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Ref. No: MCAHS/IQAC/F8/717/2023

Date: 09-02-2023

Subject: Antiragging awareness program for students

With reference to about subject Anti Ragging Cell and student council of Mangala College of Allied Health sciences is organizing a program on 'Awareness Program on Anti ragging' at Ishavasyam (Auditorium) on 16-02-2023.

The students of Mangala College of Allied Health Sciences and Mangala College of Para Medical Sciences are to attend the same accompanied by their respective class coordinators

  
Coordinator  
Anti ragging Cell

  
Principal  
PRINCIPAL  
Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga, MANGALORE - 575 029



## ANTIRAGGING\_CELL AWARENESS PROGRAMME ON ANTI RAGGING Event Report

Date: 17/02/2023

**Date:** 16 February 2023

**Venue:** Ishavasyam Mangala Campus

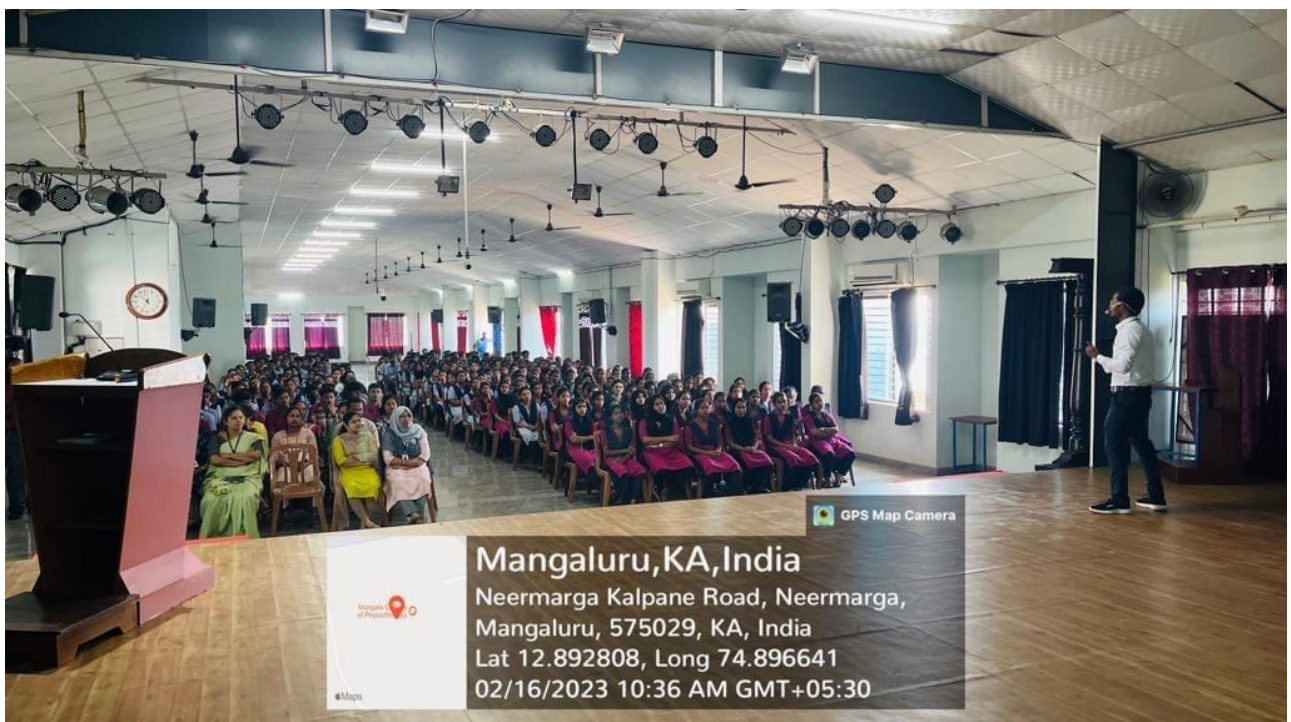
**Total Number of Participants:** 150

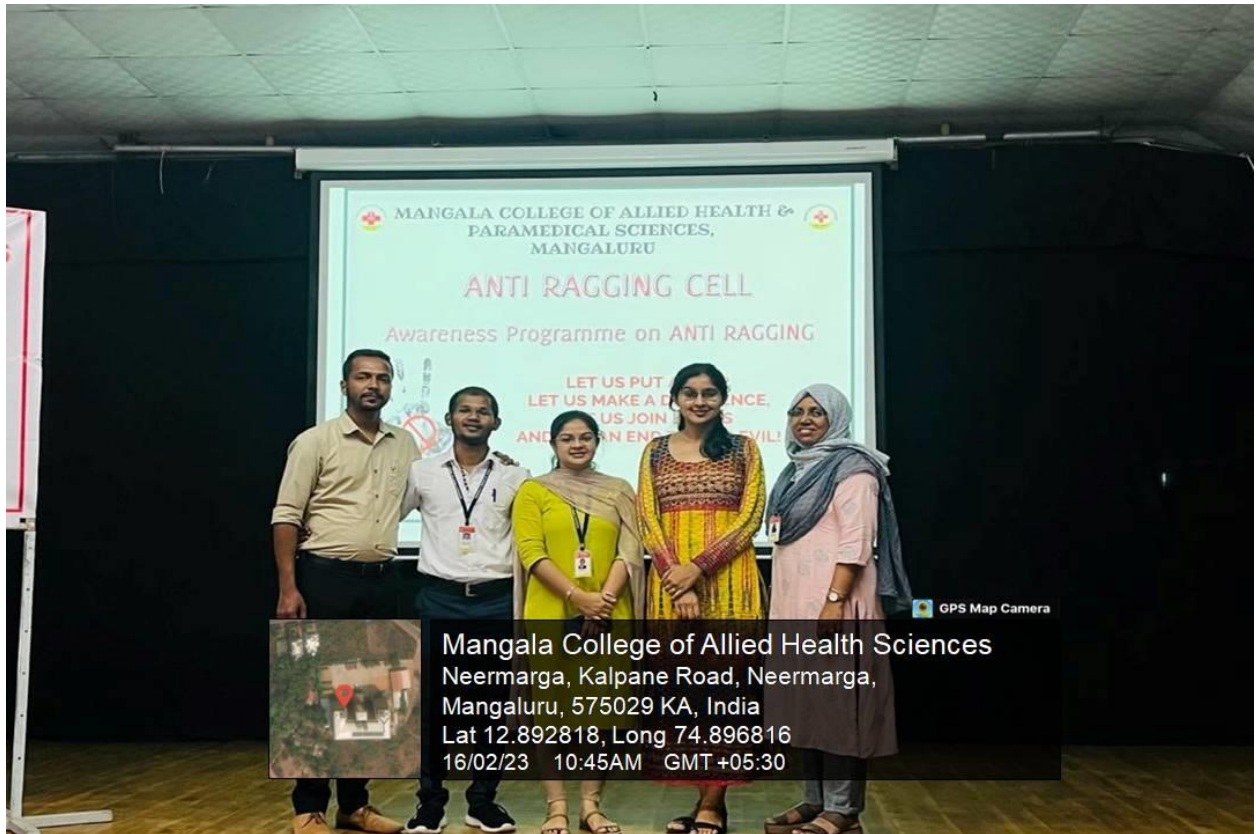
Anti Ragging Cell of Mangala College of Allied Health Sciences organized an awareness session on anti-ragging at Ishavasyam, Mangala Campus on 16<sup>th</sup> February 2023. The program was conducted for both the freshers and the senior students. The motive was to prevent ragging in campus and create a ragging-free environment.

The session was organised by Anti Ragging cell coordinator Ms.Sonu A S and members Ms.Rahila M K, Mr.Tamilselvan P, Mr.Mithun Venugopal A and Ms.Sindhoori S Shetty.

The session aimed to educate students on the importance of creating a safe & respectful environment in the institution as well as providing tips on how to prevent ragging. By attending this event students were made aware of the legal consequences of ragging and misconduct. Awareness talk was given by Anti Ragging Cell members Mr. Tamil Selvan & Ms. Sindhoori S Shetty.150 students attended the session.







Mangala College of Allied Health Sciences  
Neermarga, Kalpane Road, Neermarga,  
Mangaluru, 575029 KA, India  
Lat 12.892818, Long 74.896816  
16/02/23 10:45AM GMT +05:30

**ANTI RAGGING CELL**  
**LIST OF**  
**PARTICIPANTS2022-2023**

S.NO	NAME OF STUDENT	REGISTRATION NUMBER	PROGRAM
1	Dhanyashree	20E2314	<b>Third year Bachelor of science in Renal Dialysis Technology</b>
2	Varsha K P	20E2319	
3	Vinutha	20E2320	
4	Drishya Dineshan	21E8115	<b>Second year Bachelor of science in Renal Dialysis Technology</b>
5	Prathyusha	21E8117	
6	Sanjana G R	21E8119	
7	Sparsha A	21E8120	
8	Sredha M P	21E8121	
9	Chaithra		
10	Maimoonath Noora		
11	Saif Ali Khan V K		
12	Adithya Balan		<b>First year Bachelor of science in Renal Dialysis Technology</b>
13	Anuchandra		
14	Archana Haridas		
15	Farhana K K		
16	K R Nethravathi		
17	Anitta Ann Rajan	20E3698	<b>Third year Bachelor of science in Anaesthesia and Operation Theatre Technology</b>
18	Bhavishya	20E3699	
19	Deitilin Diengdoh	20E3700	
20	Lakshmimol V K	20E3702	

21	Sahla Mole P M	20E3703	
22	Sonam Tsomu	20E3705	
23	Wanshwa Iakai	20E3707	
24	Adish	21E1470	
25	Akshay Uday Kumar	21E1471	
26	Akshitha	21E1472	
27	Anusha M	21E1473	
28	Guru Harikantra	21E1474	
29	Jetheesh C Shetty	21E1475	
30	Raksha	21E1476	
31	Rashmi	21E1477	
32	Sanahulla P C	21E1478	
33	Suneeta	21E1479	
34	Umesha L K	21E1480	
35	Vanitha	21E1481	
36	Adithya G K Kottary	21E1454	<b>Second year Bachelor of science in Anaesthesia and Operation Theatre Technology</b>
37	Fasna K N	21E1458	
38	Hemalatha	21E1460	
39	Karthik	21E1461	
40	Khadeejath Nabeela	21E1462	
41	Muthura	21E1464	
42	Panchami B Suvarna	21E1465	
43	Rahul	21E1466	

44	Thrupthi Pandit	21E1469	<b>First year Bachelor of science in Anaesthesia and Operation Theatre Technology</b>
45	Abhishek M Poojary		
46	Keerthan K		
47	Kongka Phawa		
48	Rani Subhash Saravade		
49	Shreya S Shetty		
50	Abhinandana Bhat K		
51	Adhnan Hamsa K N		
52	Arpita Gajanan Ambig		
53	Athira Anirudhan		
54	Betsi Kharlyingdoh		
55	Fathimathul Sahala P		
56	Kushi H Shetty		
57	Minzahurin N K		
58	Muhammed Sufiyan M A		
59	Puimichon Shatsang		
60	S Sinchana Kundar		
61	Shifana		
62	Yashmini A		
63	Sonakshi J B		
64	Prathiksha		
65	Pranam		
66	Thrupthi P		

67	Prajna	20O0133	<b>Third year Bachelor of science in Optometry</b>
68	Joylyn Preema Dsouza	21O0512	
69	Kavya	21O0513	
70	Krishma Janitha Dsouza	21O0515	
71	Navyashree N	21O0516	
72	Giri Prasad C	21O0501	<b>Second year Bachelor of science in Optometry</b>
73	Havya C P	21O0502	
74	Manohari	21O0503	
75	Nidhi N Stevens	21O0504	
76	Pooja K Bangera	21O0505	
77	Rithesh Kumar G	21O0506	
78	Sukshitha	21O0507	
79	Thaodem Sanatombi Devi	21O0508	
80	Arya S		
81	Bhavya		
82	Kairunnesa M A		
83	Praveen B		
84	Sandarsha A S		
85	Sushmith		
86	Swathi Ganapati Vaidya		
87	Tejaswini Mahesh Naik		
88	Ashpana		<b>First year Bachelor</b>

89	Fathima		<b>of science in Optometry</b>
90	Fathima Parveen P S		
91	Mokshith		
92	Rikynti Ryntathiang		
93	Afrina		
94	Sahana		<b>Third year Bachelor of science in Medical Lab Technology</b>
95	Akshitha Bangera	20L0257	
96	Renita Figredo	20L0266	
97	Rokshitha	20L0267	
98	Vismitha	20L0271	
99	Ashwija	21L0440	
100	Jeswin Dsouza	21L0442	
101	Kavya R Nayak	21L0443	
102	Sumith	21L0445	
103	Chaitra Salian	21L0425	<b>Second year Bachelor of science in Medical Lab Technology</b>
104	Deeksha	21L0426	
105	Karthik K N	21L0429	
106	Kesang Tsom	21L0430	
107	Lekha P H	21L0431	
108	Navya Kumari	21L0432	
109	Pallavi Chandrakant Naik	21L0433	
110	Shahana M	21L0434	
111	Shyamjith K	21L0435	

112	Sujan	21L0436	
113	Sushma	21L0437	
114	Anusha Shetty		
115	Mahammad Swaroop		
116	Padmini		
117	Prathijna M		
118	Swathi C V		
119	Thabsira		
120	Adithya M P		<b>First year Bachelor of science in Medical Lab Technology</b>
121	Chitra Prabha P		
122	Havyas M		
123	Vaishnavi		
124	Vaishnavi V Shetty		
125	Vidya Sagar		
126	Ajith R	20E0914	<b>Third year Bachelor of science in Medical Lab Technology</b>
127	Ansila K H	20E0916	
128	Lena Krishnan P	20E0917	
129	Bhavyashri	21E3984	
130	Kavana S Shetty	21E3985	
131	Mohammed Praveez	21E3987	
132	Neesha	21E3988	
133	Shreeja K	21E3990	
134	Vaibhav	21E3992	

135	Aishwarya E K	21E3967	<b>Second year Bachelor of science in Medical Imaging Technology</b>
136	Chandhan S	21E3968	
137	Dhanush Uday Naik	21E3969	
138	Hafsath A M	21E3970	
139	Mohammed Askar	21E3971	
140	Nannu Ashfiya Anjum	21E3975	
141	Omkar Nagaraj Naik	21E3976	
142	Rakshith G S	21E3977	
143	Rithika V P	21E3979	
144	Sakshi Shetty	21E3980	
145	Tenzin Gyatso	21E3981	
146	Tenzin Pedon Kee	21E3982	
147	Vruddhi B H	21E3983	
148	Abdul Hazim		
149	Akash		
150	Manvith		



# MANGALA COLLEGE OF ALLIED HEALTH SCIENCES

(Approved by Govt. of Karnataka, affiliated to Rajiv Gandhi University of Health Sciences, Karnataka)  
(A Unit of Mangala Charitable Trust ®)

Vidyanagar, P.O. Pedamale, Neermarga Road, Mangaluru - 575 029. Ph: 0824-2272276/77

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Ref. No: MCAHS/IQAC/F3/725/2023

Date:13/03/2023

Subject: Organizing a 5K run for kidneys

All the staff members and students of Mangala College of Allied Health Sciences and Mangala College of Paramedical Sciences are informed that on account of World Kidney Day, 5K run for kidneys is organized on 18 March 2023 at Mangala Hospital and Mangala Kidney Foundation campus. Faculties and students are requested to assemble in the campus at 7.00am.

Coordinator  
College Curriculum Committee

Principal

PRINCIPAL  
Mangala College of Allied Health Sciences  
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Neermarga Road, Mangaluru - 575 029



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Date: 21/03/2023

## Event Report 5K RUN FOR KIDNEYS

On March 18th, 2023, Mangala College of Allied Health Sciences in association with Mangala Kidney Foundation, Mangala Students Council, Alumni Association, NSS Unit, and Youth Red Cross Unit organized a 5K Run for Kidneys on account of World Kidney Day. The event was held to promote kidney health for all and raise awareness about preventive behaviors, risk factors, and how to live with kidney disease.

Ms. Manisha an intern of B.Sc. Renal Dialysis Technology, Mangala College of Allied Health Sciences welcomed the guests and dignitaries who were present, followed by a prayer song led by Ms. Vichetha an intern of B.Sc. Medical Laboratory Technology, Mangala College of Allied Health Sciences and her team. And Ms. Rachana, an intern of B.Sc. Renal Dialysis Technology, Mangala College of Allied Health Sciences, welcomed the guests and introduced the purpose of the event.

The program began with a speech from the chief guest, Ms. Geetha D. Kulkarni, Assistant Commissioner of Police, Mangalore Traffic Division. She urged the students and the general public to take care of their kidney health and follow traffic rules to protect human life and health.

Dr. Moideen Nafseer T.A, Director of Mangala Kidney Foundation, provided more information about kidney health and kidney protection. The event was graced by the presence of Mangala College's Principal, Professor Pratijna Suhasini G.R, Vice-Principal, Prof. Geethalakshmi I P, Dr. Mary Elizabeth Pinto, Principal of New Mangala Nursing College, and Dr. Bharat K.H, Principal of Mangala College of Physiotherapy.

Mr. Jayantha, the organizing secretary, Mr. Mithun Venugopal A, N.S.S. Program Officer, Ms. Vijetha Sheena, YRC Unit Coordinator, Renita Figredo, Allied Health Sciences Student Council President were also present at the event. The Alumni Association of the college arranged to give dialyzers to eligible dialysis patients from Mangalore and Manjeshwar, with Abubakar, Vice President of the Alumni Association, Mangala College of Allied Health Sciences.

The event concluded with the distribution of prizes to the winners of the logo competition held in honor of World Kidney Day by Ms. Geeta D. Kulkarni. The 5K run, which started from Mangala Hospital and Kidney Foundation and proceeded to Nantoor, ended with the concluding ceremony at Kadri ground. Overall, the event was successful in raising awareness

about kidney health and promoting the importance of prevention and early detection.

Ms. Lorena Reshma D'Costa, student of first year M.Sc. Renal Dialysis Technology, Mangala College of Allied Health Sciences, delivered the vote of thanks.







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Ref. No: MCAHS/IQAC/F11/733 /2023

Date: 06 May 2023

Subject: Poetry writing competition.

On account of International Mothers' Day, Women Cell of Mangala College of Allied Health Sciences is organizing poetry writing competition.

With reference to the above subject, interested students can participate in the poetry writing competition by submitting hard copies of their poems to Ms. Preethi, Lecturer, Department of Chemistry, on or before 25/05/2023. English, Hindi, Kannada or Malayalam can be used as medium of language.

Coordinator  
Women Cell

Principal

**PRINCIPAL**  
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Neermarga, MANGALORE - 575 029



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Date: 08 July 2023

## Women Cell

### International Mothers' Day Celebration – 2023

Date :14-05-2023

Venue: Ishavasyam

No of participants:11

Poetry writing competition was organized on account of International Mother's Day on the topic "Mother " on 14 -05 -2023.

The competition was organized by Women Cell to express honour, respect and love towards mother.

Five students enrolled in B.Sc. program of Allied Health Sciences and six students enrolled in diploma courses participated in the event and acknowledged the hard work, sacrifices and unconditional love of mother through their poetry.

Mr. Deekshith, I Diploma Health Inspector secured first place and the prize was distributed on 07 July 2023 at Ishavasyam auditorium.



**Women Cell**

**International Mothers' Day-2023**

**Participants list**

Sl.No	Name of the Student	Program	Register Number	Signature
1.	Varsha K. P	III B.Sc. RDT	20E2319	<i>Varsha</i>
2.	Sonam Tsomu	III B.Sc. A&OTT	20E3705	<i>Tsomu</i>
3.	Prathiksha	I B.Sc. A&OTT		<i>Prathiksha</i>
4.	Renita Figredo	III B.Sc. MLT	20L0266	<i>Figredo</i>
5.	Sushma	II B.Sc. MLT	21L0437	<i>Sushma</i>

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Ref. No: MCAHS/IQAC/F11/741/2023

Date: 12 June 2023

Subject: Digital collage making competition.

On account of International Fathers' Day, Women Cell of Mangala College of Allied Health Sciences is organizing digital collage making competition on the theme "My Father- My strength."

With reference to the above subject, interested students of Mangala College of Allied Health Sciences and Mangala College of Paramedical Sciences can submit their collages to Ms. Rahila M K, Women cell co-ordinator, on or before 26 June 2023.

Coordinator  
Women Cell

Principal

PRINCIPAL  
Mangala College of Allied Health Sciences  
Vidyanagar, P.O. Pedamale  
Neermarga Road, Mangaluru - 575 029



Date: 08-07-2023

## **Women Cell International Fathers' Day Celebration – 2023**

Date: 18 June 2023

Venue: Ishavasyam

No of participants: 15

Mangala college of Allied Health Sciences celebrated International Fathers' Day on 18 June by conducting digital collage making competition on the theme "My father- My strength."

The program was organized by Women cell of the college to acknowledge the contribution of fathers to an individual, families and societies at large.

Nine students of Mangala college of Allied Health Sciences and six students of Mangala college of Para Medical Sciences participated in the event.

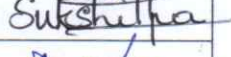
Ms. Sahana, I B.Sc. Optometry secured the first place and the prize was distributed on 7 July 2023 at Ishavasyam auditorium.

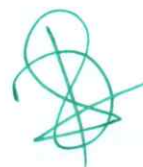


## Women Cell

### International Fathers' Day – 2023

#### Participants List

Sl. No	Student name	Program	Register Number	Signature
1.	Sahana	I B.Sc.Optometry		
2.	Chandan S	II B.Sc. IT	21E3968	
3.	Chaithra	II B.Sc. RDT		
4.	Nidhi N Stevens	II B.Sc. Optometry	21O0504	
5.	Rithesh Kumar G	II B.Sc. Optometry	21O0506	
6.	Thaodem Sanatombi devi	II B.Sc. Optometry	21O0508	
7.	Pooja K Bangera	II B.Sc. Optometry	21O0505	
8.	Sukshitha	II B.Sc. Optometry	21O0507	
9.	Deitilin Diengdoh	III B.Sc. A& OTT	20E3700	



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